

FAITH ALIVE @ HOME!

### A GUIDE TO FAMILY PRAYER AND FAMILY FAITH FUN!

Created for you by the Office for Lifelong Faith Formation of the Archdiocese of Newark



# What is Advent?

Advent is a holy season during which we eagerly await the celebration of Jesus' birth. It's a time of waiting, preparation, prayer, and penance to ready our hearts for the Christmas season. **Click here for a Complete Guide to the Season of Advent** 

# The First Week of Advent

During the first week of Advent, we light one purple candle on the Advent Wreath, the Hope Candle. We remember the Old Testament prophets who foretold Jesus' coming with hope and anticipation.

### DIY Advent Wreath - Click here to learn more.

Creating your own family Advent wreath is a simple and meaningful activity. And it only takes a few steps!

### DIY Advent Calendar - Click here to learn more.

An Advent calendar helps to engage families in the anticipation of Christmas. Open a new box each day to mark the passage of time and create family moments of joy and reflection. ADVENT 2024 IN THIS ISSUE

## What Is Advent?

Family Activities for:

- First Week of Advent
- Second Week of Advent
- Third Week of Advent
- Fourth Week of Advent

Celebrate the Saints and Solemnities of Advent!

## The Second Week of Advent

This week, we light two purple candles on the Advent Wreath. The second candle is the Peace Candle. We pray for peace on Earth and long for the peace that only Jesus brings.



### **Reverse Advent Calendar** A reverse Advent Calendar

is a wonderful way to cultivate generosity during the Advent season. **Click here for details.** 

Make a Charity Chain To reinforce the spirit of charity, create an Advent paper chain of good deeds. Click here for details.



# The Third Week of Advent

The third Sunday of Advent is **Gaudete Sunday**. Gaudete is Latin for rejoice. This week, we light two purple candles and the pink one, the Joy Candle, on the Advent wreath. We rejoice in anticipation of the celebration of Jesus' birth.

#### **Christmas Tree Blessing**

A Christmas tree is a beloved tradition that brings joy and excitement each year. Gather your family for a Christmas tree blessing. **Click here for details.** 

## The Fourth Week of Advent

During this final week of Advent we light all candles on the Advent Wreath. The fourth candle represents Love. We rejoice in the endless love that God has for us, which is made apparent in the birth of His Son.



#### **DIY Graham Cracker Nativity**

This is an easy and delicious Christmas Craft which helps focus on Jesus' Birth. Make an edible Nativity with graham crackers and icing. Click here for details and more DIY Nativity ideas.

# DIY Christmas Ornaments

Ornaments are symbols of faith and joy. They make great gifts, too! Click here for 50 DIY Christmas Ornament ideas.

## CELEBRATE THE ADVENT SAINTS AND SOLEMNITIES!

December is dedicated to the Immaculate Conception of the Blessed Virgin Mary



Click here for 8 Things You Need to Know About the Immaculate Conception.

#### December 6th is the Feast Day of St. Nicholas!



Click here for 5 Ways to Celebrate the Feast of St. Nicholas.

#### December 12th is the Feast of Our Lady of Guadalupe!



Click here for Prayers, Celebrations, and more.

#### December 25th is the Nativity of the Lord - Christmas Day!



Click here for Catholic Family Traditions to Celebrate Christmas to the fullest!

**Click here for all Advent Saints!**