

SAINT CASSIAN PARISH

187 Bellevue Avenue Upper Montclair, NJ 07043 • (973) 744-2850 • stcassianchurch.org



Sixth Sunday in Ordinary Time

February 11, 2024

MASS SCHEDULE

Lord's Day

Saturday: 5:30PM

Sunday: 7:30AM; 9:30AM; 11:30AM

Weekdays: Tuesday through Saturday: 8:15AM

Holydays: 8:15AM and as announced

Office Information:

Served by:

Rev. Steven D'Andrea, Parish Administrator
Rev. Msgr. Anthony Kulig, Weekend Assistant
Deacon Roberto Demetillo
Stephen Powers, Director of Music
Keri Misurell, Director of Faith Formation
Maria Llanes, St. Cassian School Principal

Parish Phone Numbers

Parish Office(973) 744-2850
Fax..... (973) 744-6187
Email.....parishoffice@stcassianchurch.org
Websitewww.stcassianchurch.org
Religious Education Office.....(973) 744-2850
Music Office(973) 744-7864
St. Cassian School.....(973) 746-1636
Fax.....(973) 746-3271
Email.....info@stcassianschool.org
Website.....www.stcassianschool.org

Office Hours: Monday thru Friday 9:00am—3:30 pm

OCIA (Order of Christian Initiation, formerly RCIA) Are you or someone you know interested in becoming Catholic? Were you baptized Catholic but never received First Communion or Confirmation? Call the parish office for details.

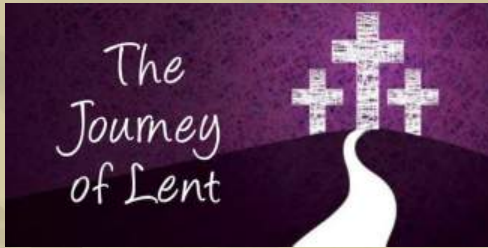
The **Sacrament of Baptism** is celebrated one Sunday each month except during Advent, Lent and the summer months. In order to baptize your child at St. Cassian, the family must be registered parishioners. Parents, and godparents if available, must attend a preparation class (7:00 PM) prior to the date of baptism (1:00PM). Once registered, contact the Parish Office, (973) 744-2850, to make arrangements for the date of baptism. See schedule within Scan here to download Parish Registration Form



Arrangements to celebrate the **Sacrament of Marriage** must be made at least one year before the desired date. Do not make firm plans for the reception prior to speaking with a priest. Call the Parish Office, (973) 744-2850, to speak with a priest.

The **Sacrament of the Anointing of the Sick** brings the Holy Spirit's gifts of peace and courage. It is not necessary to wait until the point of death for anointing. Contact a priest through the Parish Office, (973) 744-2850.

The **Sacrament of Reconciliation** is celebrated every Saturday between 4:15PM-5:00PM in the church or at another time convenient to the priest and penitent.



Lent Begins This Week ...

Distribution of Ashes - Wednesday, Feb 14th

8:15AM Mass 12:05PM Service

4:00PM Service 7:30PM Mass

Archdiocese of Newark

2024 Lenten Regulations

The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday.

If possible, the fast on Good Friday is continued until the Easter Vigil (Holy Saturday night) as the 'paschal fast' to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. **The other Fridays of Lent are days of Abstinence.**

On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which if added together, would not exceed the main menu in quantity. Those between the ages of 18 and 59 are obliged to fast.

On a day of Abstinence, no meat may be eaten. The norms concerning abstinence from meat are binding on those from age 14 onwards.

The obligation to observe the laws of fast and abstinence "substantially," or as a whole, is a serious obligation.

The Fridays of the year, outside of Lent, are designated days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial.

The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 18, 2024 to the Solemnity of the Most Holy Trinity, May 26, 2024.**

"Canon 920, § 1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.

What is Easter Duty?

The Easter duty for Catholics is the obligation to receive holy communion during the Easter Season.

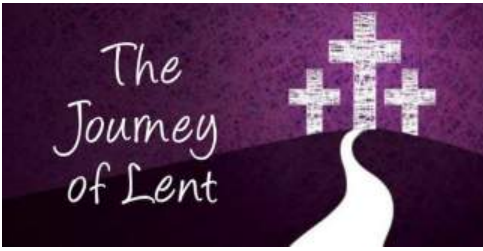
One of the minimum requirements in the Church is called by some the Easter duty, requiring Catholics to receive holy communion at least once during the Easter Season. This requirement is spelled out in the Code of Canon Law.

The Catechism of the Catholic Church adds that this Easter duty for Catholics should be preceded by confession.

The Church obliges the faithful to take part in the Divine Liturgy on Sundays and feast days and, prepared by the sacrament of Reconciliation, to receive the Eucharist at least once a year, if possible during the Easter season. But the Church strongly encourages the faithful to receive the holy Eucharist on Sundays and feast days, or more often still, even daily. CCC 1389

This requirement is meant to serve as a bare minimum for Catholics, as they are encouraged to frequent both the sacraments of holy communion and reconciliation throughout the year.

The Easter duty also emphasizes Jesus' resurrection and its connection to the gift of the Eucharist that Jesus gave the Church. Easter is the time of the year when the Church more intimately reflects on these central beliefs of the Christian faith. This is one of the many reasons why the Church urges her faithful to receive the sacraments during this holy season. Easter is the "feast of all feasts," making it an appropriate time to fulfill the Easter duty, uniting ourselves with Jesus in holy communion.



The forty-day period of Lent begins with Ash Wednesday on February 14th. Ashes are a sign that we are willing to “die” to this world and live as a follower of Jesus. Ashes are also a sign of repentance. Lent is an opportunity to grow spiritually and improve our relationship with God. As we prepare for Lent, it is helpful to take time to assess where we currently are on



our faith journey. With this insight, we can embrace Lent as an opportunity to diminish or extinguish habits or patterns of behavior that are not helping us to be the best versions of ourselves. We may also choose to try new faith practices or cultivate healthy habits.

There are three pillars of Lent: prayer, fasting, and almsgiving. They work together to help us let go of what no longer serves us on our faith journeys and to embrace all that draws us closer to God.



Prayer:

Conversing with God is an opportunity to show gratitude, turn to him for comfort, and seek his wisdom. Receiving Communion is another prayer opportunity.

When we receive Communion at Mass, we are encountering Jesus Christ, Body and Blood, Soul and Divinity, summit of our faith. Let us center ourselves in this truth as we process to the altar and return to our pew with our hands clasped in prayer. Our love thoughts and actions matter. On the way to and from the altar, let us practice holding our hands in prayer at our hearts, and silently pray words of love for Jesus, perhaps “I love you Jesus” or “Thank you Jesus”. To paraphrase Mother Theresa, let us make each Communion as if it were our first Communion, our only Communion, our last Communion.

When we receive Reconciliation and pray the Act of Contrition, we unburden ourselves and receive God’s forgiveness. This Lent, Reconciliation will be offered in church on Tuesdays, March 12 & 19 from 6 to 8 pm and Saturdays at 4:15 to 5 pm.

Fasting:

Fasting increases our hunger and thirst for God. It improves our discipline and strengthens our bodies and minds. The guidelines for fasting and abstinence are listed in the bulletin.

Consider giving up common crutches, such as sweets, video-games, smartphones, soda, alcohol, junk food, social media. Practice silence to better hear God. Turn off sound (music, phones) at home or in the car, turn off the tv, eat a meal in silence, try being silent for a set amount of time each day (or an entire day).

Almsgiving:

By giving to others, we surrender our own comfort to extend that comfort to another who needs it. Consider participating in Catholic Relief Services (CRS) “Project Rice Bowl”, which directs individual parishioner fundraising efforts for the benefit of the most vulnerable of our brothers and sisters in more than 100 countries. Pick up a Project Rice Bowl kit in the entrance to the church. Collect baby items for the Human Needs Pantry and Mercy House. Details to follow. Register for FaithDirect and participate in the Annual Appeal.

Lent is an opportunity for us to deepen our faith as individuals and as a parish community. If each of us commits to shining our Christ light through prayer, fasting, and almsgiving, imagine how brilliant the light in our own lives can become and how brilliant the parish’s light will be for our local community and for the world at large.

May God continue to bless us, and strengthen us, through prayer, fasting, and almsgiving this Lenten season.

Keri Misurell
Director of Faith Formation



PRAY



FAST



GIVE



Mass Intentions for the Week of February 11

For those who are ill:

- | | |
|--------------------------|--------------------|
| David Hogan | Noel Jordan |
| John Anderson | Cassie Lopolus |
| Alesia Maria Andras | Marcia Mann |
| Michael Andrews | Leigh Major |
| Ray Aumack | Sr. Idoia Martinez |
| Mary Blatz | John McCarthy |
| Leo Botwin | Patricia Melo |
| Frank Briamont | Mary McGuire |
| Gustavo Caceres & family | Frank Mongioi |
| JoAnne Callahan | Maria Mongioi |
| Grace Zafonte Callum | Thomas Nelson |
| Dominek Capela | Dr. David Pallotta |
| Frank Caprio | Mildred Pasino |
| Marilyn Castellano | Rosemary Raleigh |
| Joe Cultrara | Ronald Rego |
| Agnes D'Aria | Dr. Lorraine Reyes |
| James Gannon | Jaxson Rivera |
| Mae Garcia | Rhonda Sen |
| Virgilio Geulen | Elizabeth Smith |
| Dan Greiner | Olaf Stechow |
| Steve Grube | Dennis Swanson |
| Jennifer Gullace | Lindsay Trembulak |
| Joyce Hakimian | Amelia Zoino |

THE SANCTUARY LAMP BURNS IN MEMORY OF
KATHRYN GORMAN

For those who have died: Douglas M. Adams
Please remember these names in your daily prayers.

ROSARY INTENTIONS...

- | | |
|------------------|---|
| <i>Monday</i> | For safety and freedom for the people of Ukraine |
| <i>Tuesday</i> | All military and protective services especially in areas of violence; protect them, grant peace to their loved ones |
| <i>Wednesday</i> | Respect for sanctity of life from conception to natural death |
| <i>Thursday</i> | Unity among churches and nations |
| <i>Friday</i> | Vocations to the priesthood and religious life; all parishioners living and deceased |

Sunday February 11th Sixth Sunday in Ordinary Time	5:30PM 7:30AM 9:30AM 11:30 AM	Ann Verge Lourdes Miranda Janice Arnold People of the Parish
Tuesday - Saturday morning Masses are celebrated at 8:15AM; Monday morning Mass is private		
Monday Feb. 12th Weekday in Ordinary Time	Rev. Michael Merlucci	
Tuesday Feb. 13th Weekday in Ordinary Time	Deceased Members of Edward F. Gaffney Family	
Wednesday Feb. 14th Ash Wednesday St. Valentine's Day	Mary Ann O'Keefe Margaret and Dominic Testa	
Thursday Feb. 15th Thursday after Ash Wednesday	Janice Arnold	
Friday Feb. 16th Friday after Ash Wednesday	Juliana & Pedro Cayetano	
Saturday Feb. 17th Saturday after Ash Wednesday & Holy Founders of Servite Order	Janice Arnold	
Sunday Feb. 18th First Sunday of Lent	5:30PM 7:30AM 9:30AM 11:30AM	Bernadette Petit Dorothy Bacha Margaret Testa People of the Parish

READINGS FOR THE WEEK

MON.	Jas 1:1-11 Ps 119:67, 68, 71, 72, 75, 76 Mk 8:11-13
TUES.	Jas 1:12-18 Ps 94:12-13a, 14-15, 18-19 Mk 8:14-21
WED.	Jl 2:12-18 Ps 51:3-4, 5-6ab, 12-13, 14 and 17 2 Cor 5:20-6:2 Mt 6:1-6, 16-18
THUR.	Dt 30:15-20 Ps 1:1-2, 3, 4 and 6 Lk 9:22-25
FRI.	Is 58:1-9a Ps 51:3-4, 5-6ab, 18-19 Mt 9:14-15
SAT.	Is 58:9b-14 Ps 86:1-2, 3-4, 5-6 Lk 5:27-32
SUN.	Gn 9:8-15 Ps 25:4-5, 6-7, 8-9. 1 Pt 3:18-22 Mk 1:12-15

Baptism Schedule

April 2024	Baptism	April 14th
	Class	April 9th

May 2024	Baptism	May 12 th
	Class	May 7 th
June 2024	Baptism	June 9 th
	Class	June 4 th

NEWS AROUND THE PARISH

Hospitality

Volunteers are still needed
 No need to commit to every Sunday.
 Contact Mary Cavagnaro at (973) 744-2850 or mary@stcassianchurch.org for more info and available dates.



PLEASE HELP HOWEVER YOU CAN!

We will be collecting tea, cocoa, and coffee and any of the usual items we collect on the weekend of Feb. 17/18.



Thank you for your continued generosity.

40 DAYS FOR LIFE™

A campaign of prayer and fasting



Feb. 14 through Mar. 24, 2024

7:00 AM to 7:00 PM

396 Bloomfield Ave. • Montclair, NJ 07042

In the public thoroughfare across the street from a high-volume abortion facility (Pilgrim Medical Center)

Sign-up on-line: 40DaysforLife.com/Montclair or contact Lisa Hart at: LisaHartPT@yahoo.com or by cell: 973-769-4422

or complete the form below.

Name: _____
 Address: _____
 Phone: _____ Email: _____

Mail to: P.O. Box 1800 Montclair, NJ 07042
lifenetdc.catholic.org

ANNUAL 2024 APPEAL

Make your gift today

The 2024 Annual Appeal has begun! The outpouring of support from many parishioners like you help sustain the important ministries across the Archdiocese of Newark is underway.



EMs Lectors and Altar Servers

Kindly respond promptly to weekly assignment email reminders. Thank You.

Save these Dates on your Calendar

Feb. 10th & 11th World Marriage Day

An opportunity for all married couples to receive a special blessing at all Masses.

Super Bowl Bake Sale

Feb. 11th Children's Liturgy of the Word 9:30 Mass

Feb. 10th-18th Our Lady of Lourdes Novena

Feb. 14th Ash Wednesday—Mass at 8:15 am and 7:30 pm and a service at 12:05 pm and 4:00 pm

SIGNS OF STEWARDSHIP	Gift of Treasure 1/20-1/21
Minimum weekly needed	\$16,250
Regular Weekly Collection	\$4,317
Faith Direct Average	\$6,765
Weekly Total	\$11,082

Parish Lenten Offerings - details on subsequent pages

- Stations of the Cross –week days after the 8:15 Mass, and Friday 2/23—7pm and 3/8—7 pm
- Meditations Series
- Lenten Book discussion
- Lenten Journey bags



Please Join Us for a Lenten Book Club

We will read and discuss ***Beautiful Eucharist*** by **Matthew Kelly**, a collection of life-changing reflections about Jesus truly present in the Eucharist and wonderfully present in our lives. Some of the most beloved authors of our times have come together to witness to their personal encounters with Jesus in the Eucharist, provide eye-opening insight into the Mass, and inspire every reader to grow closer to God, one step at a time. Father Mike Schmitz, Peter Kreeft, Lisa Hendey, Matthew Kelly, Bishop Andrew Cozzens, Fulton Sheen, Sister Helena Burns, Allen Hunt, Matt Warner

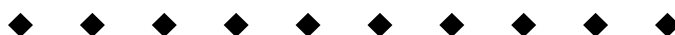
and others have each contributed deeply personal reflections

Beautiful Eucharist is an invitation to encounter the life-giving presence of Jesus in the Eucharist so you can be a life-giving presence in the world. Whether you need to repair a broken relationship, long for peace, hope to reignite your faith, or want more joy in everyday life, this book will bring you face-to-face with the one person who has all the answers.

We are grateful to parishioner Andy Kuziemko for facilitating our book club and to parishioners Anna and Hector Zayas for donating the books to us.

We will meet in **Larkin Hall on Wednesdays @ 7 pm on February 21st and 28th, March 6th, 13th, and 20th.**

To register and to pick up a copy of the book, please call or stop by the Parish Office.



Please Join Us for a Lenten Meditation Series

Lent is an invitation to reflect, repent, and renew one's commitment to living a life of faith, ultimately leading to the joyful celebration of Easter.

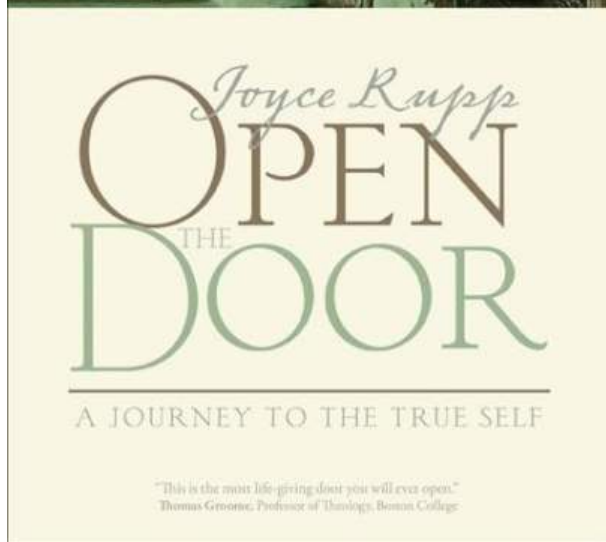
This Lent, consider giving yourself the gift of guided meditation to help you grow closer to God. Whether you are a beginner or have experience meditating, the benefits of meditation include stress reduction, increased self-awareness, calming negative emotions, strengthening patience, and expanding imagination.

We are grateful to parishioner Caroline Schestag, for facilitating a meditation experience with us this Lent in two ways. Morning and afternoon sessions listed below are 30 minutes long and registration is not required -- feel free to drop in any or all dates. Evening sessions are part of a six-week series -- registration is required and there is a suggested offering of \$20 to cover the cost of the book that will be given to each participant. To register, please call the parish office or visit the parish website "Events" section.

Tuesdays – Six week series, one hour sessions -- @ 7 pm - 8 pm: 2/20, 2/27, 3/5, 3/12, 3/19

Tuesdays– Drop in, thirty-minute sessions -- @ 3:30 - 4 pm: 2/20, 2/27, 3/5, 3/12, 3/19 *****

Thursdays – Drop in, thirty-minute sessions @ 9:15 - 9:45 am: 2/22, 2/29, 3/7, 3/14, 3/21



All sessions will be held in Church. Dress comfortably.

***** Revised Dates

CRS PROJECT RICE BOWL



For 80 years, Catholic Relief Services (CRS) has been providing expertise and compassion to the most vulnerable of our brothers and sisters in more than 100 countries. And it's because of you. You help fill the bellies of young children. You help prevent trafficking and provide welcome kits for survivors. You help mothers and babies around the world receive nutritional care and health exams.

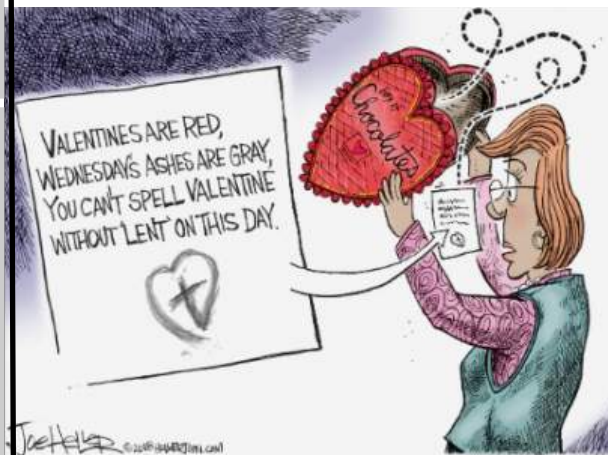
Return the box with your donations to the parish office by April 9th.

Parish Lenten Calendar

Stations of the Cross will be said every Friday during Lent after the 8:15 daily Mass

Feb. 23rd—7pm "Through the Eyes of Mary"

Mar. 8th—7 pm led by Knights of Columbus



Lenten Activities of Our Neighbors - For more information please visit their web sites.

St. Thomas the Apostle, Bloomfield Bishop Barron's video series on the Eucharist
Feb. .21, Feb. 28, Mar. 6, Mar. 13.

Our Lady of Mount Carmel Pine St., Montclair Stations of the Cross
Feb. 17, Feb. 24, Mar. 1, Mar. 8, Mar. 15, Mar. 22, Mar. 29

Lent with the Saints Sacred Relic Exhibit Feb. 24 12pm-7pm

Immaculate Conception Church, Montclair A Lenten Exodus : Journeying to the Promised Land with Fr. Chris Ciccarino
Feb. 15, Feb. 22, Feb. 29, Mar. 14, Mar. 21



Lent in a Bag

Who says you can't take it with you? So maybe we're not talking about worldly goods when we die, but we are talking about some great Lent resources that easily fit in a pocketbook, backpack, briefcase or even a jacket or coat pocket. White bags labeled "Lenten Journey" for adults and children are available at the entrance to the church. If you need assistance contact the Parish Office.





PARISH CELEBRATION OF THE FEASTS OF OUR LADY OF LOURDES AND ST. BERNADETTE

In celebration of the feast of Our Lady of Lourdes, we, as a parish, will begin a nine day novena beginning on February 10th and ending on February 18th, feast day of St. Bernadette. Novenas, prayers to obtain a special grace or intention, do not 'guarantee' the results we pray to receive. We pray a novena to praise God and trust that He will provide us with what He wants for us.

The Our Lady of Lourdes novena is a novena for healing. We ask Our Lady of Lourdes to intercede for the healing of body, mind, or spirit that we or our loved ones need.

You can participate by praying privately at a place of your choosing, in church or publicly at the grotto.

Prayer cards with the novena prayer on the back are available on the table at the entrance to the church.

If you so choose, the parish of St. Cassian will pray for your intentions. A box for the names of those you want prayed for will be available at the rear of church near the last pews. Please use the form below for your intention or a small piece of paper.

The intentions will not be read aloud. They will be mentioned when the rosary is said after the 8:15 daily Mass.

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OUR LADY OF LOURDES SPIRITUAL REMEMBRANCE FOR HEALING

Please remember these names for the healing remembrance novena beginning February 10th

Homemade Grotto

In support of family faith formation across all grades, we are encouraging families to commemorate Our Lady of Lourdes (2/10-2/18). In addition to learning about St. Bernadette and Our Lady of Lourdes at home and in class, a fun way to honor Our

Lady of Lourdes is to create a homemade grotto or original piece of artwork for submission to the Parish Office by February 14th for display in Larkin Hall on February 17th and 18th. We look forward to including your creative and inspiring artistic expressions of your faith within our parish home. Here are some basic steps:

1. Find a container, tiny bowl, sardine can. Build one: use popsicle sticks. Draw a grotto and Our Lady. (See the last picture below.)
2. Find a picture of Our Lady that fits the opening size of your container. Glue it to stiff piece of paper.
3. Make a stand for the picture if you need one. You can glue a piece of bent cardboard to keep the picture upright.
4. Attach Our Lady's picture to the grotto.

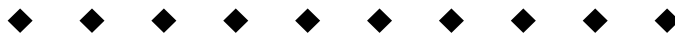


Hallow.com Lent Pray 40 Community Prayer

Our parish has partnered with Hallow to encourage all parishioners to surrender and trust in the Lord in a new, deeper way throughout Lent. Hallow is a Catholic prayer and meditation app that helps us strengthen our relationship with God through a habit of daily prayer.

This Lent, as a part of the Hallow Pray40 Challenge, we'll walk through the life-changing, spiritual classic *He Leadeth Me*, written by Fr. Walter J. Ciszek, S.J. Fr. Walter, a Jesuit priest and missionary, was imprisoned for over twenty years in the Soviet Union, first in solitary confinement and then in a Siberian worker camp. Amidst some of the most brutal conditions imaginable, Fr. Walter underwent a profound spiritual journey. Inspired by Fr. Walter's writing, we'll spend time each day prayerfully seeking a refreshed humility and hope in Christ, who laid down His life for us, as we journey through Lent.

Hallow is the #1 Catholic app worldwide and includes 1,000 prayer sessions available for free, and over 10,000 audio-guided sessions in an upgraded premium subscription. Hallow is designed to help you grow closer to God and develop a daily habit of prayer, and includes prayers for kids and families, resources for mental health, meditations for sleep, seasonal music, multiple languages (including Spanish, Portuguese, and Polish!) daily trivia, podcast-style courses to learn more about faith, and more! Register today by scanning the QR code here or visiting Hallow.com/pray to get started.



Sister Nathalie Becquart, XMCJ
Undersecretary of the Synod of Bishops

Sister Nathalie will share her experience and the significance of Session One of the Synod on Synodality and the preparation for Session Two in October, 2024

SATURDAY, FEBRUARY 24, 2024
Archdiocesan Pastoral Center
9:30 a.m. Registration and Coffee
10:00 a.m. Sister Nathalie Becquart

ARCHDIOCESE of NEWARK



RSVP by February 15, 2024
Kate Dodds
973-497-4250
kathleen.dodds@rcan.org
or <https://forms.gle/FAFGMLYC3HiwSaNK7>
or use QR Code

Sponsored by the
Office of the Chancellor
and the
RCAN Synod Team



Women's Spiritual Spa Day Update




The Women's Spiritual Spa Day on Saturday, January 27th was a success! Over 60 women attended and actively participated in activities geared at nourishing mind, body, and spirit and building community. We are grateful to have partnered with Immaculate Conception Church to offer this meaningful experience to our parishioners and friends and look forward to future opportunities to deepen our faith journeys.


NEWS Around the Archdiocese

The Archdiocese of Newark's
AFRICAN AMERICAN, AFRICAN & CARIBBEAN APOSTOLATE
 Invites You to the Annual Archdiocesan


BLACK HISTORY MONTH MASS




Sunday, Feb. 25, 2024 • 2:30 PM
 Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark, NJ

 *Celebrant: Rev. Anthony Bozeman, SSJ*
Archdiocese of Washington, D.C.

2024 Black History Month Theme: *African Americans and the Arts*
 Spanning the many impacts Black Americans have had on
 visual arts, music, cultural movements, and more.



Information: 973.497.4304 or rahsaan.garlin@rcan.org



GET READY TO LEARN IT. LIVE IT.
 LOVE IT. *EVEN MORE!*



40

LENTEN LESSONS ON THE MASS

PREMIUM EDITION
 WITH REV. FRANCIS J. HOFFMAN
 "FATHER ROCKY"

relevant radio

FREE Video Series
RelevantRadio.com/LENT

Lent With The Saints



Sacred Relic Exhibit

Saturday
 February 24, 2024
 12pm-7pm

Come Visit & Pray in the presence of over 100 sacred relics of the Saints, Martyrs & Blesseds. There will be Relics of The Passion of Our Lord Jesus Christ & The Holy Family.

Pray before the Sacred Relics of St. Pope John Paul II, St. Padre Pio, Mother Cabrini, The Apostles & Evangelists, Blessed Carlo Acutis And many more Saints & Blesseds of God.

This event will take place at Our Lady of Mount Carmel Church Capozzelli Hall at 94 Pine St. Montclair, New Jersey

Religious Articles & Handkerchiefs will be available To touch to the Sacred Relics for you to bring home.



For More info please call: Joseph Santoro Regional Delegate to the USA
 For the International Crusade for Holy Relics
 570-599-0221



Our Lady of Mount Carmel Church

Fish Fry Fundraiser

Saturday, February 24th
 4:00 - 6:00 pm



Use the QR code above to pay online
 COMMUNITYOUTREACHPROGRAM OLMC

Takeout Menu:

Cod fish & chips dinner with
 cole slaw, tartar sauce &
 giant cookie

or

Chicken breast tenders &
 chips dinner with cole slaw
 & giant cookie

Preorders: \$25.00

Day of event: \$28.00

Payment for preorders must
 be received by
 Sunday, February 18th



You may drop off your preorder payment
 and request form at OLMC office, in the
 collection basket at Mass or by Venmo
 payment using the QR Code above.

**Thank you for
 supporting OLMC!**

All proceeds to benefit Our Lady of Mount Carmel Church

OLMC Church Parking Lot
 94 Pine Street
 Montclair, NJ 07042
 For more info: 973-495-6700

Requested Pick-up Time Required

4-4:30pm 4:30-5pm 5-5:30pm 5:30-6 pm 6-6:30pm 6:30-7pm

Support the Church in



Central and Eastern Europe

(Ukrainian Greek
Catholic priest

celebrates the Liturgy in a bomb shelter for evacuees.)

Next week we will take up the Collection for the Church in Central and Eastern Europe. This collection supports the Church in more than 25 countries that struggle to recover from former communist rule. It also aids communities throughout the regions that are affected by the war in Ukraine. Funds support pastoral care, catechesis, renovations, and seminary formation. Your support restores the Church and builds the future in this region. Please prayerfully consider how you can support the collection next week. You can find more information at www.usccb.org/ccee

Home Visits

If you are unable to come to church or if you know a relative or friend who finds it difficult to come to church, let us know. We have many dedicated and caring Eucharistic Ministers who would be happy to bring Communion to you or to your loved ones who are homebound. Fr. Steve would be more than happy to make a visit to someone's home if they wish to go to confession, receive communion or receive the anointing of the sick. Call the Parish Office if you would like someone to visit you

Celebrating World Marriage Day in the Parish

*All married couples are invited to wear/bring
your wedding rings for a
blessing after each Mass the
weekend of Feb. 10th—11th*

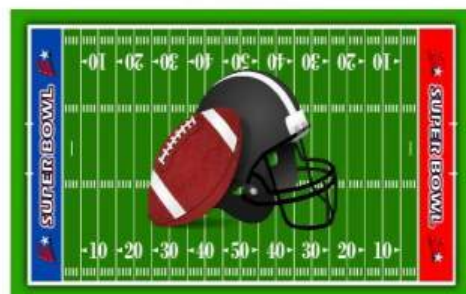


Fathers Who Cook is on the Move!

This beloved annual event, traditionally held in February, will take place in the Spring of 2024.

Stay tuned for more information in the coming weeks. Dads of the parish—it's not too soon to start thinking of which recipes you'll volunteer to make for us this year!

The annual St. Cassian School SUPER BOWL BAKE SALE is back!



Mark your calendars!

After all masses on:
Saturday, February 10th
and **Sunday, February 11th**



St. Valentine—Feb 14

Well, there was a priest named Valentine who lived in Rome in the third century. He was put in prison because he helped some Christians who were going to be executed by a cruel emperor named Claudius. While Valentine was in prison, he healed the chief warder's daughter, who was blind, and the warder and all his family became Christians.

When Emperor Claudius heard this, he said that Valentine should be executed. And so, on February 14 in the year 269, Valentine was clubbed to death. Then his head was chopped off, just to make sure he was dead.

In the same year, another man named Valentine, who was the bishop of Terni (about sixty miles from Rome), was also put to death by Emperor Claudius for being a Christian.

Neither saint seems to have anything to do with young lovers. So where do the traditions come from? Some say it is because on this day of the year (in the northern hemisphere) birds pair up and start mating.

Others say the day is special for lovers because at that time of year there had been a pagan Roman festival named Lupercalia, when young men took part in a kind of lottery to find a partner. But Lupercalia has nothing to do with either Saint Valentine!

Source:loyolapress.com



Seven Founders of the Servite Order— Feb 17

In the middle of the 13th century the city of Florence was torn with political strife as well as the heresy of the Cathari, who believed that physical reality was inherently evil. Morals were low and religion seemed meaningless. In 1240, seven noblemen of Florence mutually decided to withdraw from the city to a solitary place for prayer and direct service of God. Their initial difficulty was providing for their dependents, since two were still married and two were widowers. Their aim was to lead a life of penance and prayer, but they soon found themselves disturbed by constant visitors from Florence. They next withdrew to the deserted slopes of Monte Senario.

In 1244, under the direction of Saint Peter of Verona, O.P., this small group adopted a religious habit similar to the Dominican habit, choosing to live under the Rule of St. Augustine and adopting the name of the Servants of Mary. Members of the community came to the United States from Austria in 1852 and settled in New York and later in Philadelphia. The two American provinces developed from the foundation made by Father Austin Morini in 1870 in Wisconsin. Community members combined monastic life and active ministry.

Sts. Cyril and Methodius -Feb .17

The brother missionaries Cyril and Methodius are celebrated as the "Apostles to the Slavs". Born in the Greek community of Thessalonica, they learned the dialect of the Slavs at an early age and could speak it fluently.

The icon shows the two brothers joined together in their missionary effort. Cyril, the monk, wears the monastic habit together with the cross that is characteristic of the monastic life. Methodius, the Bishop wears the vestments of a hierarch with the characteristic omophorion and holds a bishop's staff. Cyril holds a scroll upon which is written the text, "Go, therefore, and make disciples of all nations".

Cyril and Methodius composed the alphabet that is named after Cyril, The Cyrillic Alphabet, and which is used in the Slavic languages. Thus Cyril is sometimes shown holding a scroll with his alphabet. These brothers translated the Liturgy and Scriptures into the vernacular and defended its usage, thus further stressing their missionary intentions.



The entire lives of Cyril and Methodius can be summarized as a missionary response to the command of the Gospel to go forth and bring the Good News of Jesus to all mankind.

Keeping a Secret

In today's Gospel reading, a poor man with leprosy asked Jesus to heal him. Our Lord was sorry for the leper and healed him. But then He told him not to tell anyone. Do you know what the man did?



Well, he didn't keep the secret. He started to tell everyone what had happened. Soon Jesus couldn't walk into towns because there were such big crowds. He had to stay out in the deserted places so that there wouldn't be mobs in the towns.

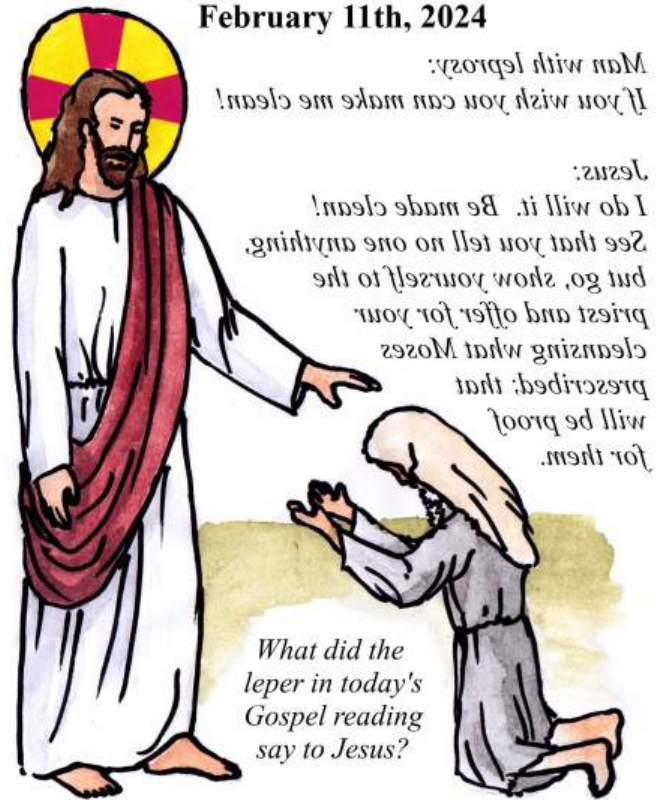
Has anyone ever told you a secret? Do you find it hard to keep secrets? Once in a while somebody might tell you something that you will need to tell your parents, but usually you shouldn't tell anyone somebody else's secret. Before you tell something to your friends, always

ask yourself if it's okay to share it with them. Will it make things hard for somebody else? Might you hurt someone's feelings? Think about how you would feel if someone told one of your secrets to their friends. And finally, always remember that the way you treat others is how you treat Jesus.



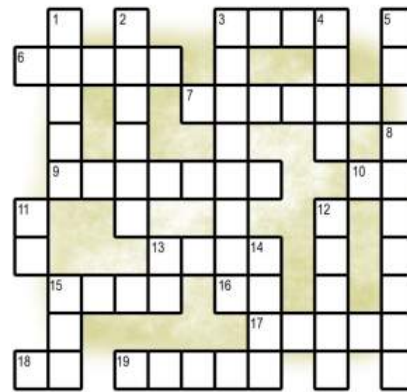
Answers to Cross-Word: across: 3. kept 6. leper 7. people 9. sternly 10. to 13. hand 15. made 16. go 17. whole 18. in 19. began down: 1. Jesus 2. begged 3. kneeling 4. tell 5. if 8. touched 11. he 12. proof 13. he 14. down 15. man

Sixth Sunday in Ordinary Time February 11th, 2024



What did Jesus reply to him?
Look at this page in the mirror to find out!

The Leper Cross-Word



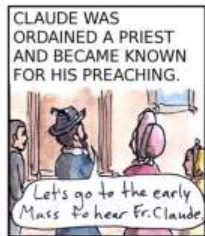
kneeling if
touched in
begged to
people be
sternly he
Jesus go
began tell
whole man
proof kept
made leper
down hand

A _____ (6a) came to Jesus and _____ (3d) _____ (14d) _____ (2d) him and said, " _____ (5d) you wish, you can make me clean." Moved with pity, he stretched out his _____ (13a), _____ (8d) him, and said to him, "I do will it. _____ (11d) made clean." The leprosy left him immediately, and he was _____ (15a) clean. Then, warning him _____ (9a), he dismissed him at once.

He said to him, "See that you _____ (4d) no one anything, but _____ (16a), show yourself to the priest and offer what Moses prescribed; that will be _____ (12d) for them."

The _____ (15d) went away and _____ (19a) to publicize the _____ (17a) matter. _____ (13d) spread the report abroad so that it was impossible for _____ (1d) to enter a town openly. He remained outside _____ (18a) deserted places, and _____ (7a) _____ (3a) coming _____ (10a) him from everywhere.

Saint Claude de la Colombiere February 15



St. Cassian School Students Create Original Stained Glass Art Displays

One of the elective courses currently being offered at St. Cassian School offers students the opportunity to design and paint three stained glass panels, which will go over the front doors of the school. Using an acrylic base, the students created designs that symbolize the Catholic and academic nature of the school.



This elective, which is offered through our MIAD (Multiple Intelligence Arts Domain) Elective Course Program, provides students the opportunity to cultivate their knowledge in visual arts, mathematics and engineering, as well as to expand their creativity and problem-solving skills.



Before beginning the project, the students visited St. Cassian Church to learn about the beautiful windows and to gain inspiration for their original designs.



Our gratitude and congratulations go to the students and Mrs. Rafferty, our arts facilitator, for creating an original permanent art display for everyone to enjoy.



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Father Steve we wish you the best of luck and all of God's blessings as you begin your new ministry at St. Cassian's Parish

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