

SAINT CASSIAN PARISH

187 Bellevue Avenue Upper Montclair, NJ 07043 • (973) 744-2850 • stcassianchurch.org



Fifth Sunday in Ordinary Time

February 4, 2024

MASS SCHEDULE

Lord's Day

Saturday: 5:30PM

Sunday: 7:30AM; 9:30AM; 11:30AM

Weekdays: Tuesday through Saturday: 8:15AM

Holydays: 8:15AM and as announced

Office Information:

Served by:

Rev. Steven D'Andrea, Parish Administrator
Rev. Msgr. Anthony Kulig, Weekend Assistant
Deacon Roberto Demetillo
Stephen Powers, Director of Music
Keri Misurell, Director of Faith Formation
Maria Llanes, St. Cassian School Principal

Parish Phone Numbers

Parish Office(973) 744-2850
Fax..... (973) 744-6187
Email.....parishoffice@stcassianchurch.org
Websitewww.stcassianchurch.org
Religious Education Office.....(973) 744-2850
Music Office(973) 744-7864
St. Cassian School.....(973) 746-1636
Fax.....(973) 746-3271
Email.....info@stcassianschool.org
Website.....www.stcassianschool.org

Office Hours: Monday thru Friday 9:00am—3:30 pm

OCIA (Order of Christian Initiation, formerly RCIA) Are you or someone you know interested in becoming Catholic? Were you baptized Catholic but never received First Communion or Confirmation? Call the parish office for details.

The **Sacrament of Baptism** is celebrated one Sunday each month except during Advent, Lent and the summer months. In order to baptize your child at St. Cassian, the family must be registered parishioners. Parents, and godparents if available, must attend a preparation class (7:00 PM) prior to the date of baptism (1:00PM). Once registered, contact the Parish Office, (973) 744-2850, to make arrangements for the date of baptism. See schedule within Scan here to download Parish Registration Form



Arrangements to celebrate the **Sacrament of Marriage** must be made at least one year before the desired date. Do not make firm plans for the reception prior to speaking with a priest. Call the Parish Office, (973) 744-2850, to speak with a priest.

The **Sacrament of the Anointing of the Sick** brings the Holy Spirit's gifts of peace and courage. It is not necessary to wait until the point of death for anointing. Contact a priest through the Parish Office, (973) 744-2850.

The **Sacrament of Reconciliation** is celebrated every Saturday between 4:15PM-5:00PM in the church or at another time convenient to the priest and penitent.



Mass Intentions for the Week of February 4

For those who are ill:

David Hogan	Noel Jordan
John Anderson	Cassie Lopolus
Alesia Maria Andras	Marcia Mann
Michael Andrews	Leigh Major
Ray Aumack	Sr. Idoia Martinez
Mary Blatz	John McCarthy
Leo Botwin	Patricia Melo
Frank Briamont	Mary McGuire
Gustavo Caceres & family	Frank Mongioi
JoAnne Callahan	Thomas Nelson
Grace Zafonte Callum	Dr. David Pallotta
Dominek Capela	Mildred Pasino
Frank Caprio	Rosemary Raleigh
Marilyn Castellano	Ronald Rego
Agnes D'Aria	Dr. Lorraine Reyes
James Gannon	Jaxson Rivera
Virgilio Geulen	Rhonda Sen
Dan Greiner	Elizabeth Smith
Steve Grube	Olaf Stechow
Jennifer Gullace	Dennis Swanson
Joyce Hakimian	Lindsay Trembulak

For those who have died:

Carol Fakina, Vincent Caravello, Hsuanling Li

Sunday February 4th Fifth Sunday in Ordinary Time	5:30PM 7:30AM 9:30AM 11:30 AM	People of the Parish Betty Ferdon Thomas DeStefano Heyman & Ford Family Dr. John Cahill & son John
Tuesday - Saturday morning masses are celebrated at 8:15AM; Monday morning mass is private		
Monday Feb. 5th St. Agatha	Mary Pouegmirou	
Tuesday Feb. 6th St. Paul Miki and Companions	Edward F. Gaffney	
Wednesday Feb. 7th Weekday in Ordinary Time	Reid O'Brien	
Thursday Feb. 8th St. Jerome Emiliani	William Johnson, Sr.	
Friday Feb. 9th Weekday in Ordinary Time	Missy Centanni	
Saturday Feb. 10th St. Scholastica	Deceased Members of the Cass & Higgins families	
Sunday Feb. 11th Sixth Sunday in Ordinary Time	5:30PM 7:30AM 9:30AM 11:30AM	Ann Verge Lourdes Miranda Janice Arnold People of the Parish

Please remember these names in your daily prayers.

ROSARY INTENTIONS...

<i>Monday</i>	For safety and freedom for the people of Ukraine
<i>Tuesday</i>	All military and protective services especially in areas of violence; protect them, grant peace to their loved ones
<i>Wednesday</i>	Respect for sanctity of life from conception to natural death
<i>Thursday</i>	Unity among churches and nations
<i>Friday</i>	Vocations to the priesthood and religious life; all parishioners living and deceased

Baptism Schedule

February 2024	Baptism	February 11 th
	Class	February 6 th
April 2024	Baptism	April 14 th
	Class	April 9 th

READINGS FOR THE WEEK

MON.	1 Kgs 8:1-7, 9-13 Ps 132:6-7, 8-10 Mk 6:53-56
TUES.	1 Kgs 8:22-23, 27-30 Ps 84:3, 4, 5 and 10, 11 Mk 7:1-13
WED.	1 Kgs 10:1-10 Ps 37:5-6, 30-31, 39-40 Mk 7:14-23
THUR.	1 Kgs 11:4-13 Ps 106:3-4, 35-36, 37 and 40 Mk 7:24-30
FRI.	1 Kgs 11:29-32; 12:19 Ps 81:10-11ab, 12-13, 14-15 Mk 7:31-37
SAT.	1 Kgs 12:26-32; 13:33-34 Ps 106:6-7ab, 19-20, 21-22 Mk 8:1-10
SUN.	Lv 13:1-2, 44-46 Ps 32:1-2, 5, 11 1 Cor 10:31-11:1 Lk 7:16

May 2024	Baptism	May 12 th
	Class	May 7 th
June 2024	Baptism	June 9 th
	Class	June 4 th

NEWS AROUND THE PARISH

Hospitality

Volunteers are still needed
 No need to commit to every Sunday.
 Contact Mary Cavagnaro at (973) 744-2850 or mary@stcassianchurch.org for more info and available dates.




SIGNS OF STEWARDSHIP	Gift of Treasure 1/13-1/14
<i>Minimum weekly needed</i>	\$16,250
<i>Regular Weekly Collection</i>	\$4,880
<i>Faith Direct Average</i>	\$6,765
<i>Weekly Total</i>	\$11,645

PLEASE HELP HOWEVER YOU CAN!

We will be collecting tea, cocoa, and coffee and any of the usual items we collect on the weekends of Feb.10/11 and Feb. 17/18.

Thank you for your continued generosity.





EMs Lectors and Altar Servers
 Kindly respond promptly to weekly assignment email reminders. Thank You.

ANNUAL ²⁰²⁴ APPEAL

Make your gift today

The 2024 Annual Appeal has begun! The outpouring of support from many parishioners like you help sustain the important ministries across the Archdiocese of Newark.

Save these Dates on your Calendar

February 3rd & 4th	Blessing of the Throats
February 4th	Children's Liturgy of the Word
February 10th & 11th	World Marriage Day An opportunity for all married couples to receive a special blessing at all masses. Following the 5:30 pm mass is an evening of food and fun.
	Super Bowl Bake Sale
February 11th	Children's Liturgy of the Word
February 10-18	Our Lady of Lourdes Novena
February 14th	Ash Wednesday Lent Begins



Why Do I Have to Fast One Hour before Mass?



Many Catholics from an older generation will remember the “**midnight fast.**” It meant that one could not eat before Mass starting from the midnight before. For this reason Masses were generally celebrated at dawn and Masses in the evening were extremely rare. Few people wanted to fast all day long before attending Mass and receiving Holy Communion.

This practice of **fasting before Mass is an ancient discipline**, present as early as the 2nd century. It remained in place until Pope Pius XII reduced the fast to three hours in 1957. The fast was further shortened in 1964 when Pope Paul VI lowered it to one hour before reception

of Communion.

However, in some cases those rules do not apply. For example, the elderly, the infirm, and those who care for them can receive the Most Holy Eucharist even if they have eaten something within the preceding hour.

But why? What does it matter if I ate a cheeseburger right before I walked into church on a day I intend to receive the Holy Eucharist?

Jesus knew the power of fasting and went into the desert without food for 40 days before setting out on his public ministry. Furthermore, he taught his disciples that, “This kind [of demon] cannot be driven out by anything but prayer and fasting” (Mark 9:29).

Fasting builds up our spiritual strength, and the Church asks us to complete this simple task every time we receive Holy Communion for our own benefit. Just like any athlete we need to exercise discipline and fasting is great for building those spiritual muscles. Being undisciplined weakens us and leaves us more prone to let our passions drive us to wherever the wind blows.

Fasting increases our hunger and thirst for the Eucharist, which heightens our sensitivity towards the great sacrament of love and helps us to be in awe of its mystery. We need to “hunger” and yearn for the Eucharistic before we can properly receive it. Our reception of Holy Communion needs to correspond to an inner hunger that is indicative of a soul that thirsts for God’s love. If we don’t have this hunger (brought to mind by our physical hunger during fasting), we might think of Holy Communion as something ordinary, not needing any preparation beforehand.

Fasting before Mass also reminds us of the Eucharistic stories in the Gospels, specifically the Feeding of the Five Thousand. After a long day the disciples urged Jesus to send the crowd away so that they could buy food for themselves to eat. Instead, Jesus multiplies the bread and fish, leaving everyone “satisfied” at the end of the meal. Just like the crowd on that day, when we approach the table of the Lord we must be hungry, or as the Psalmist proclaims, “As a heart longs for flowing streams, so longs my soul for thee, O God” (Psalm 42:1).

Adapted from : Philip Kosloski - published on 07/01/17 - updated on 08/10/23 aleteia.org

Home Visits

If you are unable to come to church or if you know a relative or friend who finds it difficult to come to church, let us know. We have many dedicated and caring Eucharistic Ministers who would be happy to bring Communion to you or to your loved ones who are homebound. Fr. Steve would be more than happy to make a visit to someone’s home if they wish to go to confession, receive communion or receive the anointing of the sick. Call the Parish Office if you would like someone to visit you at home.



Why are we supposed to be quiet in a Catholic church?

Because Jesus Christ is present in the Holy Eucharist. He's God, and so we need to pay attention to Him and talk to Him. He's the King of Kings and Lord of Lords, or as we read in the Latin Bible, *Rex Regum Dominus Dominantium*.

There are 7 words you and I should know about the reality of God's presence in the Holy Eucharist. This is all the way from the 13th century, the council, the 4th Lateran Council in Rome in 1215 that declared Jesus Christ is truly present in the Holy

Eucharist, Body and Blood, Soul and Divinity. That's 4 words: really, truly, substantially present.

And that's why we're called to be quiet in the Church when we're in the presence of Jesus in the Blessed Sacrament. We give Him all the attention because He's the most important One.

When Saint John Paul became the Pope back in 1978, one of the first things he did is invite the four big churches in Rome, the patriarchal basilicas, to offer Adoration of the Blessed Sacrament every day. So if you ever go to Saint Peter's, a little bit up on the right you'll see there's a church inside a church. That's where they have Adoration of the Blessed Sacrament. There's a sign over the door that says *silencium Silentium*. You don't have to be Latin scholar to understand what it means. It means "be quiet, be silent." And there's two Swiss Guards by the door, so you had better be quiet!

It's good for us to know the reality of Christ's presence so when we come to church, we come to talk to him.

I hope we all show up for Jesus this year at the National Eucharistic Congress in Indianapolis. Everyone from Relevant Radio is going to be there. And you are invited, too.

Source: Eucharistic Encounter 18: "Seven Words you need to Know" by Rev. Francis J. Hoffman, Relevantradio.com



Our Church: A Quiet Refuge from a Noisy World

This sign is located over the inside entrance to St. Cassian Church.

Silence It's a word that is both appealing and terrifying. It is a word that can either connote peace and calm, or frightening isolation. While some might find the idea of silence appealing, the truth is, most of us don't do well with perfect quiet. Have you ever sat alone in a room, only to hear sounds you had never noticed before? The ticking of a clock. The whooshing of air moving through ducts. The hum of a refrigerator. A lawn mower running in the distance. It is all a bit unnerving. But perhaps the thing we fear most about silence is being alone with our own thoughts. When confronted with true quiet, we begin to hear the mad and chaotic rush of thoughts filling our minds. The anxieties, the deep longings, the painful questions all seem to come bubbling to the surface of our consciousness—and it makes us uncomfortable.

We fear this confrontation with our innermost selves, the struggle with the complexity of our hearts. So our natural tendency is to drown out silence with constant noise. In the car alone, we turn on the radio. At home, TVs run constantly, not so that we can watch them, but for a comforting "background noise." A spare moment in line is filled with compulsive checking of our smartphones. Anything but silence.

It is important to understand that silence, like all the tools of the spiritual life, is not an end in itself. It is a means—a method for coming to know Jesus Christ. Silence is necessary to hear the promptings of the Holy Spirit and to receive and preserve grace. God does not shout. He speaks quietly and softly, in a "still small voice" (1 Kings 19:11-12). The promptings of the Holy Spirit are never heard in busyness and anxious activity, but rather in stillness and quietness of heart.

Source: catholicgentleman.org/2016/practice-silence-lay-people

Lent will soon be upon us. Before you begin to sketch your Lenten plans, do some praying and thinking. Be silent. Ask the Holy Spirit to guide you. As Samuel said in the readings of January 14, "Speak, for your servant is listening".



Celebrating World Marriage Day in the Parish



All married couples are invited to wear/bring your wedding rings for a blessing after each Mass the weekend of Feb. 10th—11th.

After the 5:30 pm Mass on Saturday February 10th, you are invited to a special celebration of marriage featuring :

- ◆ Catered buffet dinner in Larkin Hall
- ◆ DJ, music and dancing
- ◆ Games and great company

*Please Register on the parish website under Parish Events or call the parish office

Cost : \$40 per couple payable at the door or at the Parish Office.

Important Note: Due to limited space, all registrations must be received no later than February 6th.

Reservations required.*
Space limited to 30 couples.

Upon registering , please email 1 wedding photo and the name of your wedding song to Cecilia Streit— cstreit@gmail.com so they can be included in the festivities.

Fathers Who Cook is on the Move!



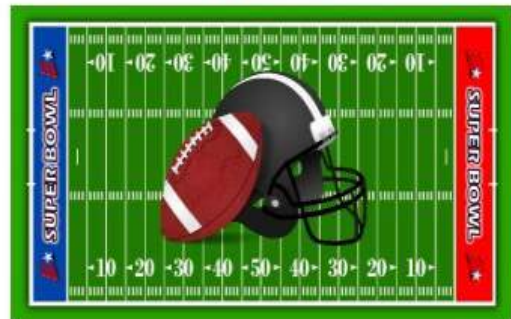
This beloved annual event, traditionally held in February, will take place in the Spring of 2024.

Stay tuned for more information in the coming weeks.

Dads of the

parish—it's not too soon to start thinking of which recipes you'll volunteer to make for us this year!

The annual St. Cassian School **SUPER BOWL BAKE SALE** is back!



Mark your calendars!

After all masses on:
Saturday, February 10th
and **Sunday, February 11th**



Please Join Us for a Lenten Book Club



We will read and discuss ***Beautiful Eucharist*** by **Matthew Kelly**, a collection of life-changing reflections about Jesus truly present in the Eucharist and wonderfully present in our lives. Some of the most beloved authors of our times have come together to witness to their personal encounters with Jesus in the Eucharist, provide eye-opening insight into the Mass, and inspire every reader to grow closer to God, one step at a time. Father Mike Schmitz, Peter Kreeft, Lisa Hendey, Matthew Kelly, Bishop Andrew Cozzens, Fulton Sheen, Sister Helena Burns, Allen Hunt, Matt Warner

and others have each contributed deeply personal reflections

Beautiful Eucharist is an invitation to encounter the life-giving presence of Jesus in the Eucharist so you can be a life-giving presence in the world. Whether you need to repair a broken relationship, long for peace, hope to reignite your faith, or want more joy in everyday life, this book will bring you face-to-face with the one person who has all the answers.

We are grateful to parishioner Andy Kuziemko for facilitating our book club and to parishioners Anna and Hector Zayas for donating the books to us.

We will meet in **Larkin Hall on Wednesdays @ 7 pm on February 21st and 28th, March 6th, 13th, and 20th.**

To register and to pick up a copy of the book, please call or stop by the Parish Office.



Please Join Us for a Lenten Meditation Series

Lent is an invitation to reflect, repent, and renew one's commitment to living a life of faith, ultimately leading to the joyful celebration of Easter.

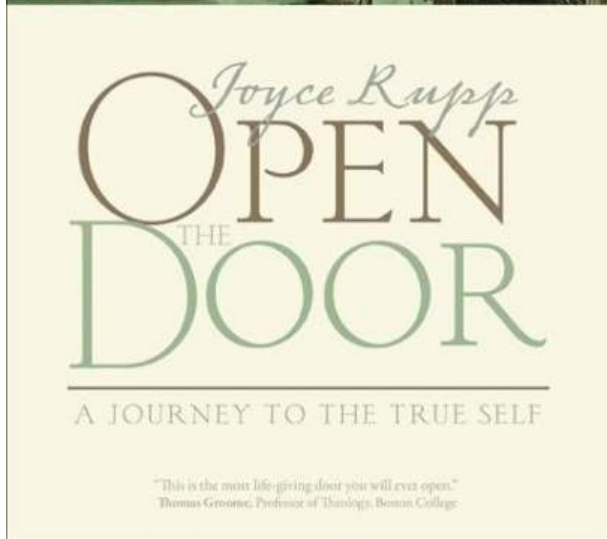
This Lent, consider giving yourself the gift of guided meditation to help you grow closer to God. Whether you are a beginner or have experience meditating, the benefits of meditation include stress reduction, increased self-awareness, calming negative emotions, strengthening patience, and expanding imagination.

We are grateful to parishioner Caroline Schestag, for facilitating a meditation experience with us this Lent in two ways. Morning and afternoon sessions listed below are 30 minutes long and registration is not required -- feel free to drop in any or all dates. Evening sessions are part of a six-week series -- registration is required and there is a suggested offering of \$20 to cover the cost of the book that will be given to each participant. To register, please call the parish office or visit the parish website "Events" section.

Tuesdays – Six week series, one hour sessions -- @ 7 pm - 8 pm: 2/20, 2/27, 3/5, 3/12, 3/19

Wednesdays – Drop in, thirty-minute sessions -- @ 3:30 - 4 pm: 2/21, 2/28, 3/6, 3/13, 3/20

Thursdays – Drop in, thirty-minute sessions @ 9:15 - 9:45 am: 2/22, 2/29, 3/7, 3/14, 3/21




All sessions will be held in Church. Dress comfortably.

NEWS Around the Archdiocese

The Archdiocese of Newark's
AFRICAN AMERICAN, AFRICAN & CARIBBEAN APOSTOLATE
 Invites You to the Annual Archdiocesan

BLACK HISTORY MONTH MASS




Sunday, Feb. 25, 2024 • 2:30 PM
 Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark, NJ

Celebrant: Rev. Anthony Bozeman, SSJ
 Archdiocese of Washington, D.C.

2024 Black History Month Theme: *African Americans and the Arts*
 Spanning the many impacts Black Americans have had on
 visual arts, music, cultural movements, and more.

Information: 973.497.4304 or rahsaan.garlin@rcan.org




Sister Nathalie Becquart, XMCJ
 Undersecretary of the Synod of Bishops

Sister Nathalie will share her experience and the significance of
 Session One of the Synod on Synodality
 and the preparation for Session Two in October, 2024

SATURDAY, FEBRUARY 24, 2024

Archdiocesan Pastoral Center
 9:30 a.m. Registration and Coffee
 10:00 a.m. Sister Nathalie Becquart

ARCHDIOCESE of NEWARK



RSVP by February 15, 2024
 Kate Dodds
 973-497-4250
 kathleen.dodds@rcan.org
 or <https://forms.gle/FAFGMLYC3HivSaNK7>
 or use QR Code



Sponsored by the
 Office of the Chancellor
 and the
 RCAN Synod Team

Lent With The Saints



Sacred Relic Exhibit

Saturday
 February 24, 2024
 12pm-7pm

Come Visit & Pray in the presence of over 100
 sacred relics of the Saints, Martyrs & Blesseds.
 There will be Relics of The Passion of Our Lord
 Jesus Christ & The Holy Family.

Pray before the Sacred Relics of St. Pope John Paul II, St. Padre Pio,
 Mother Cabrini, The Apostles & Evangelists, Blessed Carlo Acutis
 And many more Saints & Blesseds of God.

This event will take place at Our Lady of Mount Carmel Church
 Capozzelli Hall at 94 Pine St. Montclair, New Jersey

Religious Articles & Handkerchiefs will be available
 To touch to the Sacred Relics for you to bring home.



For More info please call: Joseph Santoro - Regional Delegate to the USA
 For the International Crusade for Holy Relics
 570-599-0221



Our Lady of Mount Carmel Church

Fish Fry Fundraiser
Saturday, February 24th
4:00 - 6:00 pm



Use the QR code above to pay online
 COMMUNITYOUTREACHPROGRAM OLMC

Takeout Menu:

**Cod fish & chips dinner with
 cole slaw, tartar sauce &
 giant cookie**

or

**Chicken breast tenders &
 chips dinner with cole slaw
 & giant cookie**

Preorders: \$25.00

Day of event: \$28.00

Payment for preorders must
 be received by
Sunday, February 18th



You may drop off your preorder payment
 and request form at OLMC office, in the
 collection basket at Mass or by Venmo
 payment using the QR Code above.

**Thank you for
 supporting OLMC!**

All proceeds to benefit Our Lady of Mount Carmel Church

OLMC Church Parking Lot
 94 Pine Street
 Montclair, NJ 07042
 For more info: 973-495-6700

Requested Pick-up Time Required

4-4:30pm 4:30-5pm 5-5:30pm 5:30-6 pm 6-6:30pm 6:30-7pm



St. Agatha—Feb. 5

As in the case of Agnes, another virgin-martyr of the early Church, almost nothing is historically certain about this saint except that she was martyred in Sicily during the persecution of Emperor Decius in 251. Legend has it that Agatha, like Agnes, was arrested as a Christian, tortured, and sent to a house of prostitution to be mistreated. She was preserved from being violated. She was tortured, variously rolling over live coals and had her breasts hacked off. St. Peter himself is said to have healed her. She was later put to death. She is claimed as the patroness of both Palermo and Catania. The year after her death, the stilling of an eruption of Mt. Etna was attributed to her intercession. As a result, apparently, people continued to ask her prayers for protection against fire. Source: franciscanmedia.org



St. Paul Miki and Companions - Feb 6

Nagasaki, Japan, is familiar to Americans as the city on which the second atomic bomb was dropped, immediately killing over 37,000 people. Three and a half centuries before, 26 martyrs of Japan were crucified on a hill, now known as the Holy Mountain, overlooking Nagasaki. Among them were priests, brothers, and laymen, Franciscans, Jesuits, and members of the Secular Franciscan Order; there were catechists, doctors, simple artisans, and servants, old men and innocent children—all united in a common faith and love for Jesus and his Church.

Brother Paul Miki, a Jesuit and a native of Japan, has become the best known among the martyrs of Japan. While hanging upon a cross, Paul Miki preached to the people gathered for the execution: "The sentence of judgment says these men came to Japan from the Philippines, but I did not come from any other country. I am a true Japanese. The only reason for my being killed is that I have taught the doctrine of Christ. I certainly did teach the doctrine of Christ. I thank God it is for this reason I die. I believe that I am telling only the truth before I die. I know you believe me and I want to say to you all once again: Ask Christ to help you to become happy. I obey Christ. After Christ's example I forgive my persecutors. I do not hate them. I ask God to have pity on all, and I hope my blood will fall on my fellow men as a fruitful rain."

When missionaries returned to Japan in the 1860s, at first they found no trace of Christianity. But after establishing themselves they found that thousands of Christians lived around Nagasaki and that they had secretly preserved the faith. Beatified in 1627, the martyrs of Japan were finally canonized in 1862. Source:Franciscanmedia.org



Saint Gerolamo Emiliani by Giandomenico Tiepolo

Feb . 8 –St. Jerome

A careless and irreligious soldier for the city-state of Venice, Jerome was captured in a skirmish at an outpost town and chained in a dungeon. In prison Jerome had a lot of time to think, and he gradually learned how to pray. When he escaped, he returned to Venice where he took charge of the education of his nephews—and began his own studies for the priesthood.

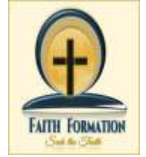
In the years after his ordination, events again called Jerome to a decision and a new lifestyle. Plague and famine swept northern Italy. Jerome began caring for the sick and feeding the hungry at his own expense. While serving the sick and the poor, he soon resolved to devote himself and his property solely to others, particularly to abandoned children. He founded three orphanages, a shelter for penitent

prostitutes and a hospital.

Around 1532, Jerome and two other priests established a congregation, the Clerks Regular of Somasca, dedicated to the care of orphans and the education of youth. Jerome died in 1537 from a disease he caught while tending the sick. He was canonized in 1767. In 1928, Pius XI named him the patron of orphans and abandoned children. St. Jerome Emiliani shares the celebration of his liturgical feast with St. Josephine Bakhita on February 8. Source: Franciscanmedia.org



Did You Know?



St. Josephine Bakhita—Feb. 8

For many years, Josephine Bakhita was a slave but her spirit was always free and eventually that spirit prevailed.

Born in Olgossa in the Darfur region of southern Sudan, Josephine was kidnapped at the age of 7, sold into slavery and given the name Bakhita, which means fortunate. She was resold several times, finally in 1883 to Callisto Legnani, Italian consul in Khartoum, Sudan.

Two years later, he took Josephine to Italy and gave her to his friend Augusto Michieli. Bakhita became babysitter to Mimmina Michieli, whom she accompanied to Venice's Institute of the Catechumens, run by the Canossian Sisters. While Mimmina was being instructed, Josephine felt drawn to the Catholic Church. She was baptized and confirmed in 1890, taking the name Josephine.

When the Michielis returned from Africa and wanted to take Mimmina and Josephine back with them, the future saint refused to go. During the ensuing court case, the Canossian Sisters and the patriarch of Venice intervened on Josephine's behalf. The judge concluded that since slavery was illegal in Italy, she had actually been free since 1885.

Josephine entered the Institute of St. Magdalene of Canossa in 1893 and made her profession three years later. In 1902, she was transferred to the city of Schio (northeast of Verona), where she assisted her religious community through cooking, sewing, embroidery, and welcoming visitors at the door. She soon became well loved by the children attending the sisters' school and the local citizens. She once said, "Be good, love the Lord, pray for those who do not know Him. What a great grace it is to know God!" The first steps toward her beatification began in 1959. She was beatified in 1992 and canonized eight years later.

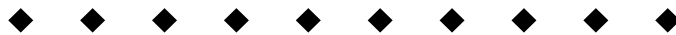
Source: franciscanmedia.org



St. Scholastica –Feb. 10

St. Scholastica, sister of St. Benedict, consecrated her life to God from her earliest youth. After her brother went to Monte Cassino, where he established his famous monastery, she took up her abode in the neighborhood at Plombariola, where she founded and governed a monastery of nuns, about five miles from that of St. Benedict, who, it appears, also directed his sister and her nuns. She visited her brother once a year, and as she was not allowed to enter his monastery, he went in company with some of his brethren to meet her at a house some distance away. These visits were spent in conferring together on

spiritual matters. On one occasion they had passed the time as usual in prayer and pious conversation and in the evening they sat down to take their reflection. St. Scholastica begged her brother to remain until the next day. St. Benedict refused to spend the night outside his monastery. She had recourse to prayer and a furious thunderstorm burst so that neither St. Benedict nor any of his companions could return home. They spent the night in spiritual conferences. The next morning they parted to meet no more on earth. Three days later St. Scholastica died, and her holy brother beheld her soul in a vision as it ascended into heaven. He sent his brethren to bring her body to his monastery and laid it in the tomb he had prepared for himself. She died about the year 543, and St. Benedict followed her soon after . Source: catholic.org



Jesus Christ invites us to return to the source and summit of our faith in the celebration of the Eucharist. The National Eucharistic Revival is a movement to restore understanding and devotion to this great mystery here in the United States by helping us re new our worship of Jesus Christ in the Eucharist. Will you be participating? Currently we have 6 parishioners attending the Revival in Indianapolis, July 17-21, 2024. If you would like more information check out the web

site eucharisticrevival.org or contact the parish office . Post your name to the white board in Larkin Hall if you are going. We want to share the journey as a parish. If you cannot attend, pray for the Revival. Prayer cards are available in the vestibule.

Spending Time with God



In today's Gospel reading, Our Lord went to Simon and Andrew's house, where He spent the evening healing the sick and casting out demons. But early the next morning before the sun came up He went away into the wilderness to pray.

At first we wonder why Jesus would have to pray- He is God, after all! But He was also human so He needed to take some time to be with His Heavenly Father. And that is what real praying is- it's being with God and talking to Him and listening to Him.



Like Jesus, we also need to spend time with God. Even if we are always doing His work, like helping people or studying His truths, we still need to take some time to talk with Our Father in Heaven. Starting today, take a few minutes every day to go to a quiet place and talk with God.



Answers to picture puzzle: top:5, 2, middle: 4, 6, bottom: 1, 3.

Saint Jerome Emiliani February 8

<p>JEROME EMILIANI WAS BORN TO A FAIRLY WEALTHY ITALIAN FAMILY IN 1481. HE BECAME A SOLDIER AND DIDN'T THINK MUCH ABOUT GOD AT ALL.</p>	<p>BUT WHEN HE WAS CAPTURED AND THROWN IN A DUNGEON HE TURNED TO GOD.</p> <p>Why am I here?</p>
<p>HE ESCAPED AND PUT HIS CHAINS IN A CHURCH TO SHOW HIS THANKS FOR BEING FREED.</p>	<p>A good soldier is a saint.</p> <p>THEN HE STARTED TEACHING HIS NEPHEWS THE FAITH AND STUDYING FOR THE PRIESTHOOD.</p>
<p>HE BEGAN A RELIGIOUS ORDER THAT HELPED THE ORPHANS, AND HE STARTED HOSPITALS AS WELL.</p> <p>We can use this house for a new hospital.</p>	<p>WHEN HE WAS 56, JEROME CAUGHT AN ILLNESS FROM THE PEOPLE HE WAS CARING FOR, AND DIED.</p> <p>I wish I could be helping others...</p>

Fifth Sunday in Ordinary Time February 4th, 2024



At the end of today's Gospel reading, Jesus tells Simon that they will go to the nearby villages to preach. Can you find your way through the maze to the nearby village?

Sort-out-the-Pictures: An Evening and Morning with Jesus

What happened in today's Gospel reading? See if you can sort out the order of these pictures by putting the numbers 1 to 6 in the boxes.

<p>Everyone is looking for you!</p>	<p>Be healed.</p>
	<p>Let us go on to the nearby villages...</p>
<p>My mother-in-law is ill.</p>	<p>Next morning...</p>

St. Cassian School Students Create Original Stained Glass Art Displays

One of the elective courses currently being offered at St. Cassian School offers students the opportunity to design and paint three stained glass panels, which will go over the front doors of the school. Using an acrylic base, the students created designs that symbolize the Catholic and academic nature of the school.



This elective, which is offered through our MIAD (Multiple Intelligence Arts Domain) Elective Course Program, provides students the opportunity to cultivate their knowledge in visual arts, mathematics and engineering, as well as to expand their creativity and problem-solving skills.



Before beginning the project, the students visited St. Cassian Church to learn about the beautiful windows and to gain inspiration for their original designs.



Our gratitude and congratulations go to the students and Mrs. Rafferty, our arts facilitator, for creating an original permanent art display for everyone to enjoy.



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Father Steve we wish you the best of luck and all of God's blessings as you begin your new ministry at St. Cassian's Parish

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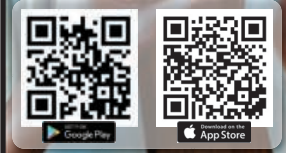
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