# SAINT Cassian Parish 

187 Bellevue Avenue Upper Montclair, NJ $07043 \bullet(973) 744-2850 \bullet$ stcassianchurch.org


## Office Information:

## Served by:

Rev. Steven D'Andrea, Parish Administrator Rev. Msgr. Anthony Kulig, Weekend Assistant
Deacon Roberto Demetillo
Stephen Powers, Director of Music
Keri Misurell, Director or Faith Formation
Maria Llanes, St. Cassian School Principal

## Parish Phone Numbers

Parish Office
(973) 744-2850
Fax. (973) 744-6187

Email $\qquad$ .parishoffice@stcassianchurch.org
Website $\qquad$ .www.stcassianchurch.org
Religious Education Office. .(973) 744-2850
Music Office
.(973) 744-7864
St. Cassian School....................(973) 746-1636
Fax. (973) 746-3271

Email. $\qquad$ .info@stcassianschool.org
Website $\qquad$ .www.stcassianschool.org

Office Hours: Monday thru Friday 9:00am-3:30 pm

# Fourth Sunday in Ordinary Time 

## January 28, 2024

Mass Schedule
Lord's Day
Saturday: 5:30PM
Sunday: 7:30AM; 9:30AM; 11:30AM
Weekdays: Tuesday through Saturday: 8:15AM
Holydays: 8:15AM and as announced

OCIA (Order of Christian Initiation, formerly RCIA) Are you or someone you know interested in becoming Catholic? Were you baptized Catholic but never received First Communion or Confirmation? Call the parish office for details.

The Sacrament of Baptism is celebrated one Sunday each month except during Advent, Lent and the summer months. In order to baptize your child at St. Cassian, the family must be registered parishioners. Parents, and godparents if available, must attend a preparation class (7:00 PM) prior to the date of baptism (1:00PM). Once registered, contact the Parish Office, (973) 744-2850, to make arrangements for the date of baptism. See schedule within Scan here to download Parish Registration Form


Arrangements to celebrate the Sacrament of Marriage must be made at least one year before the desired date. Do not make firm plans for the reception prior to speaking with a priest. Call the Parish Office, (973) 744-2850, to speak with a priest.

The Sacrament of the Anointing of the Sick brings the Holy Spirit's gifts of peace and courage. It is not necessary to wait until the point of death for anointing. Contact a priest through the Parish Office, (973) 744 -2850.

The Sacrament of Reconciliation is celebrated every Saturday between 4:15PM-5:00PM in the church or at another time convenient to the priest and penitent.

## Catholic Schools Week

## St. Cassian School—a Family Affair

A family does two things for you. First, a family gives a person support and encouragement, and lets a person know that they are loved and cared for. Then, the second thing a family does is give a person - space, room to grow, an opportunity to develop as a person. Saint Cassian School has given thousands of young people the opportunity to be a part of a very special family. As head of our "School Family" our Principal Maria Llanes has been nothing short of a loving, caring, faithful and loyal friend.

She has made the school a place where you can trust her with your children as if they were her own.
Mrs. Llanes is really like our "School Mom." Our school has been a home away from home for our children for many years. And she loves to spoil them. All the kids in the school are like her own children, and they know that they can always talk to her about anything. She's always there to listen.

She keeps the whole family together and everybody in line. Mrs. Llanes and our faculty and staff have been an inspiration to all of us. They have touched our lives in so many ways and have made us all very proud and honored to know them. We celebrate 70 years as a special place for learning. But our mission has never changed. It has always been about growing - not only in knowledge but also in our Catholic faith.

We as a parish family can be very proud of the children who have been taught here by so many dedicated teachers. People very often will say that there is always something special and unique about the students from Saint Cassian School and this is true. This is because parents have given their children the gift of faith that has grown inside their hearts. And this has allowed Christ to illuminate their hearts. That's the special thing that people see about these kids they have a special joy that comes from within that people can't help but notice. It's something that only Christ can give - but they have it because parents have allowed Christ to be a part of their lives.

Michelangelo was a famous painter, sculptor, and architect of the Italian Renaissance. He had a special gift. When he was about to create a sculpture, he would study the big blocks of marble and in his mind, he could see what he was going to carve. He saw the potential that was in the marble before it was even cut. Jesus also had that same gift. He could see in people so many gifts and talents that they themselves could not see, because it always takes the help of others to bring out that special God given potential. One day Michelangelo overheard some people give credit to another artist for one of his sculptures, so he went and during the dark of night chiseled his name on it.
He later regretted that outburst of pride. The Pieta - is the only piece of art he ever signed and took credit for. While we are so very proud of our students, we cannot take all the credit.
When Michelangelo died, he left many marble sculptures unfinished. Some had only their faces carved out - others, arms and legs. They were unfinished masterpieces, suspended in time, never to reach their full potential. (Next page)

## Catholic Schools Week

## St. Cassian School-a Family Affair (cont'd)

My friends, the school is an empty building that comes to life when our school children arrive each day. The school building gives us a place to come together, and it gives us shelter. But it is the children who bring life each day to an empty building. The children make the magic happen.
Our school is like a museum, but instead of treasures of paintings or sculptures, we have living masterpieces. Our children are the real works of art. They are the real stars. But these works of art - these marvelous little creatures that God has put into our lives are not meant to remain unfinished. They need our help to reach their full potential. We need to remember the reason we come to this school- our faith. We may all be different, but what we have in common and what we are called to share is our faith. And faith is not something that is given to us completely finished - it is something that the passing of time will help create, along with life's challenges and the people in our lives who inspire us. We have to invest in it - if we want it to grow. Our children have a good understanding of what real faith and generosity is all about. This is the kind of thing that children learn from their parents and families. That's why the best advice we can give our children is not just empty words, but a good example. They will learn from us by our example. We know that we have amazing children, but they come from amazing families, parents and grandparents who are the best teachers. The dedication of so many parents over three generations is what helped us get this far.

We are truly blessed to have so many parents who always go above and beyond whatever must be done for our school.
We are very fortunate that the school has many friends.
We are very grateful to so many people: parishioners, graduates, and many friends who over the years, generously supported Saint Cassian school. May God reward them for their generosity.
So, the reason why we come here to begin Catholic Schools Week is to show our gratitude to God; to say thank you for our lives, our time together at Saint Cassian School and our faith.
We are very grateful to Mrs. Llanes, our Principal and our amazing faculty and dedicated staff who take such good care of our students and our beautiful school building.
I have met many people in these last few months who are very proud to say to me that they went to Saint Cassian School or that they sent their children here.
And I can see why they are very proud. You would have to go a long way before you find another school like Saint Cassian.
I have heard countless people tell me that when they were here - they felt a special connection - that even when they were long gone - that connection never came to an end.
That's because people in a family may grow up - but a family always stays connected.

Father steve

## 70 years of Catholic Education

For those who are ill:
Noel Jordan Cassie Lopolus John Anderson
Alesia Maria Andras
Michael Andrew
Ray Aumack
Mary Blatz
Leo Botwin
Frank Briamont
JoAnne Callahan
Grace Zafonte Callum
Dominek Capela
Frank Caprio
Marilyn Castellano
Agnes D'Aria
James Gannon
Virgilio Geulen
Dan Greiner
Steve Grube
Jennifer Gullace
Joyce Hakimian
David Hogan

Marcia Mann Leigh Major Sr. Idoia Martinez John McCarthy Patricia Melo Mary McGuire Frank Mongioi Thomas Nelson Dr. David Pallotta Mildred Pasino Rosemary Raleigh Ronald Rego Dr. Lorraine Reyes Jaxson Rivera Rhonda Sen Elizabeth Smith Olaf Stechow Dennis Swanson Lindsay Trembulak

For those who have died: Christian Smeets, Nelly Cuffari, Shuen Ling Li, Kathryn Gorman, Mary Ann Pezzano

| Sunday January 28th Third Sunday in Ordinary Time | 5:30PM 7:30AM 9:30AM 11:30 AM | Eileen Gelston Jim McHugh Janice Arnold People of the Parish |
| :---: | :---: | :---: |
| Tuesday - Saturday morning masses are celebrated at 8:15AM; Monday morning mass is private |  |  |
| Monday Jan 29th Weekday in Ordinary Time | Robert Richardson |  |
| Tuesday Jan. 30th Weekday in Ordinary Time | Margaret Lori |  |
| Wednesday Jan. 31st St. John Bosco | Boland Family |  |
| Thursday Feb. 1st Weekday in Ordinary Time | Michael Barwacz |  |
| Friday Feb. 2nd Presentation of the Lord Sts. Timothy and Titus | Sister Mary Pontia |  |
| Saturday Feb. 3rd St. Blaise \& St. Ansgar | Margaret Tortoriello |  |
| Sunday Feb. 4th Fifth Sunday in Ordinary Time | $\begin{array}{r} \text { 5:30PM } \\ 7: 30 \mathrm{AM} \\ \text { 9:30AM } \\ \text { 11:30AM } \end{array}$ | People of the Parish Betty Ferdon Thomas DeStefano Heyman \& Ford Family Dr. John Cahill \& Son John |

Please remember these names in your daily prayers.

| Monday <br> Tuesday | ROSARY INTENTIONS... <br> For safety and freedom for the people of Ukraine <br> All military and protective services especially in areas of violence; protect them, grant peace to their loved ones | Mon. | $\begin{aligned} & 2 \text { Sm 15:13-14, 30; 16:5-13 Ps 3:2-3, 4-5, 6-7 } \\ & \text { Mk 5:1-20 } \end{aligned}$ |
| :---: | :---: | :---: | :---: |
|  |  | Tues. | $\begin{aligned} & 2 \text { Sm 18:9-10, 14b, 24-25a, 30-19:3 } \\ & \text { Ps 86:1-2, 3-4, 5-6 } \quad \text { Mk 5:21-43 } \end{aligned}$ |
|  |  | Wed. | 2 Sm 24:2, 9-17 Ps 32:1-2, 5, 6, $7 \quad$ Mk 6:1-6 |
| Wednesday | Respect for sanctity of life from conception to natural death | Thur. | 1 Kgs 2:1-4, 10-12 1 Chr 29:10, 11ab, 11d-12a, 12bcd Mk 6:7-13 |
| Thursday <br> Friday |  | FRI. | Mal 3:1-4 Ps 24:7, 8, 9, 10 Heb 2:14-18 Lk 2:22-40 or Lk 2:22-32 |
|  | Vocations to the priesthood and religious life; all parishioners living and deceased | SAT. | 1 Kgs 3:4-13 Ps 119:9, 10, 11, 12, 13, 14 Mk 6:30-34 |
| Baptism |  | Sun. | $\begin{aligned} & \text { Jb 7:1-4, 6-7 Ps 147:1-2, 3-4, 5-6 } \\ & 1 \text { Cor 9:16-19, 22-23 Mk 1:29-39 } \end{aligned}$ |


| February 2024 | Baptism | February $11^{\text {th }}$ |
| :--- | :--- | :--- |
|  | Class | February $6^{\text {th }}$ |
| April 2024 | Baptism | April 14th |
|  | Class | April 9th |


| May 2024 | Baptism | ${\text { May } 12^{\text {th }}}^{\text {t }}$ |
| :--- | :--- | :--- |
|  | Class | May $^{\text {th }}$ |
| June 2024 | Baptism | June $9^{\text {th }}$ |
|  | Class | June 4 $^{\text {th }}$ |



## Spotight on Faith Formation

Congratulations to the seventy-five children who received the Sacrament of First Reconciliation in January! We are grateful for this milestone in their faith journey and look forward to continuing to support them towards the Sacrament of First Eucharist this Spring. We are equally proud of our eighth graders who are preparing for the Sacrament of Confirmation this Spring. They continue to demonstrate their commitment to their faith journey be selecting their sponsors, researching the life of a saint whose name they chose as their Confirmation name, and completing service hours. The Confirmation candidates will attend a retreat on March 7th, which will include a focus on prayer, commitment to their faith, and the grace that accompanies adoration of the Blessed Sacrament. Fiat Ventures, who specializes in working with Confirmation candidates, will once again facilitate what promises to be a meaningful experience for candidates and teachers alike.
We look forward to soon engaging the children and families of the parish in the Lenten season in ways that help us grow closer to God and one another.
May God continue to bless you, your family, and the families of the parish.
Keri Misurell
Director of Faith Formation
CHILDREN WHO RECEIVED FIRST RECONCILIATION

Brennan Alpago
Madeline Angelillo
Charlotte Arnold
Maxwell Barker
Kaia Benke
Addison Bucknor
Francis Burgess
Evelyn Byrne
Mia Centola
Penelope Centola
Nathaniel Clark
Madelyn Convey
Lucy Crowe
Adeline Cruz
Ryan Delany
Matthew Dombroski
Sophia Dowdell
Oliver Drake

Kevin Farrell
Tucker Farrell
Benjamin Ferran
Carina Fiorarancio
Rafaela Fiorarancio
Oliver Flick
Evan Forrester
Luca Fraind
Erion Gaspri
Audrey Genao
Tomas Graham
Kyle Horner
Charlotte Hughes
Elise Imperatore
Maximilliano Izurieta Poussin
Reese Josephson
Riley Josephson
James Karacas
Lila Keane

Mikaela Kooistra
Henry Kretz
Adrian Kuziemko
Sophia Landrove
Clare Laracy
Callie Lynch
Stella Mancini
Mateo Manuel
Aiden McCormack
Serafina Mendoza
April Murphy
Leah Pareti
Xavier Perry
Matthew Petrillo
Santino Podhurst
Lorenzo Reau Viveros
Mateo Reau Viveros
Benjamin Reinert
Ava Ringston

Ava Ringston
Valentina Rodriguez
Vera Roman
Amelia Rosania
Paul Rotunda
James Rubino
Charlotte Sasinowski
Rylee Schofield
Streeter Seidell
Clara Stuart
Aiden Todd
Alexa Ulan
Sofia Vargas
Johan Vasquez
Steven Vilas
Joseph Warren
James Whalen
Lorelei Wolfe
Jacob Wong
Isabela Wypasek

## GOD BLESS THE NEWLY BAPTIZED



Child of Antonio Irizarry and Kathryn Bostory


Nathaniel Francois Torppey
Child of William T. Torppey IV and Jaclyn Buccellato


## The Proper Way to Receive Holy Communion in the Hand

The rubrics specified in the General Instruction of the Roman Missal specifically instruct the communicant to bow his head before the sacrament as a gesture of reverence. It is required for those physically able to comply.

If you are receiving the Host in your hand, extend both hands palms up toward the Priest/Eucharistic Minister, placing one hand directly on top of the other hand. If you are right handed, the right hand goes on the bottom so you can receive the Host in your left hand and then pick it up with your right hand. If you are left handed, the other way around.

The Priest/Eucharistic minister will hold the Host in front of you and say, "The Body of Christ.. The correct response is simply "Amen." No other response should be said.

The Priest/Eucharistic minister will then place the Host on your open palm. Do not attempt to grab the Host from the minister with your fingers. Once the Host has been placed in your hand, step aside (to allow the person behind you to come forward to receive) and immediately consume the Host as you stand facing toward the altar. You should pick up the Host from the palm of your hand with the fingers of your other hand and reverently place the Host in your mouth.


## What do you do during Adoration?

Once you've decided to go to Eucharistic Adoration, the next common question to answer is what you should or can do while there. Catholics of all ages who attend Eucharistic Adoration for the first time feel at a loss regarding what they should be doing. Should you sit or stand? Should you kneel like the person in the seat next to you? Is it OK that one person is reading while another seems to be writing something in a notebook?
Questions like these are normal. What matters is that you have the desire and intention to attend Eucharistic Adoration to deepen your walk with Jesus Christ and experience His presence in your life in a new way. Here are a list of acceptable actions you can take so you can enter the presence of Jesus with confidence and humility and experience the blessing of the Adoration of the Eucharist.

1. Be there. The first step is always to show up, Leave all your fear about specifics at the door and simply approach Jesus with humility and reverence. Reflect on His work on the cross and adore Him for all He has done for you and humankind. Just sit there.
2. Pray the rosary . The Rosary offers a helpful way to spend a large chink of time in prayer while meditating on various mysteries of the Catholic faith.
3. Write in prayer journal . For many Catholics, memorizing prayers and knowing how to pray can seem hard. The act of writing allows your inner thoughts to come forth and help process their true feelings about a certain matter. Write down prayers that come to your mind. You can make a list of requests, blessings and situations in your life. You'll have them forever to look back on and see how God answered you.
4. Pray on Your Own. Simply bow before Jesus and pray as the Holy Spirit leads you. Talk to Jesus like you would if you were in His presence- because you are.
5. Listen to Music. Pick a playlist of songs that will help you focus your thoughts on God and the gift of his son Jesus. Pick a playlist of songs that will help op focus your thought on God and the gift of his son Jesus.
6. Read. There are many great reading options available that can help you make the most of this sacred time, including the following:

Scripture : read the holy Word of God while meditating in Jesus' presence; Daily devotional book: They are great for reading a passage of Scripture and getting a concise application for your life to think about throughout the day;
Religious book: Many high-quality religious books are out there to enrich your spiritual walk and help focus your mind on truth.


## Parish Celebration of the Feasts of Our Lady of Lourdes and St. Bernadette

In celebration of the feast of Our Lady of Lourdes, we, as a parish, will begin a nine day novena beginning on February $10^{\text {th }}$ and ending on February 18 ${ }^{\text {th }}$, feast day of St. Bernadette. Novenas, prayers to obtain a special grace or intention, do not 'guarantee' the results we pray to receive. We pray a novena to praise God and trust that He will provide us with what He wants for us.
The Our Lady of Lourdes novena is a novena for healing. We ask Our Lady of Lourdes to intercede for the healing of body, mind, or spirit that we or our loved ones need.
You can participate by praying privately at a place of your choosing, in church or publicly at the grotto.
Prayer cards with the novena prayer on the back are available on the table at the entrance to the church.
If you so choose, the parish of St. Cassian will pray for your intentions. A box for the names of those you want prayed for will be available at the rear of church near the last pews. Please use the form below for your intention or a small piece of paper.
The intentions will not be read aloud. They will be mentioned when the rosary is said after the $8: 15$ daily Mass.


Our Lady of Lourdes Spiritual Remembrance for Healing

Please remember these names for the healing remembrance novena beginning February $10^{\text {th }}$

## Homemade Grotto

 Lady of Lourdes is to create a homemade grotto or original piece of artwork for submission to the Parish Office by February 14th for display in Larkin Hall on February 17th and 18th. We look forward to including your creative and inspiring artistic expressions of your faith within our parish home. Here are some basic steps:1. Find a container, tiny bowl, sardine can. Build one: use popsicle sticks. Draw a grotto and Our Lady. ( See the last picture below.)
2. Find a picture of Our Lady that fits the opening size of your container. Glue it to stiff piece of paper.
3. Make a stand for the picture if you need one. You can glue a piece of bent cardboard to keep the picture upright.
4. Attach Our Lady's picture to the grotto.


## NEWS AROUND THE PARISH

## Hospitality

Volunteers are still needed No need to commit to every Sunday. Contact Mary Cavagnaro at (973) 744 -2850 or mary@stcassianchurch.org for more info and available dates.

|  | Gift of Treasure |
| :--- | :---: |
| SIGNS OF STEWARDSHIP | $1 / 6-1 / 7$ |
| Minimum weekly needed | $\$ 16,250$ |
| Regular Weekly Collection | $\$ 3,505$ |
| Faith Direct Average | $\$ 5,955$ |
| Weekly Total | $\$ 10,270$ |

## Please Help However You Can!

We will be collecting rice, pasta and pasta sauce and any of the usual items we collect on the weekend of Feb. $3 / 4$.

Thank you for your continued generosity.


EMs Lectors and Altar Servers
Kindly respond promptly to weekly assignment email reminders. Thank You.


Make your gift today

The 2024 Annual Appeal has begun! The outpouring of support from many parishioners like you help sustain the important ministries across the Archdiocese of Newark.

## Save these Dates on your Calendar

January 28th Beginning of Catholic Schools Week

## No CCD classes

February 3rd \& 4th Blessing of the Throats
February 4th Children's Liturgy of the Word
February 10th \& 11th World Marriage Day
An opportunity for all married couples to receive a special blessing at all masses.
Following the $5: 30 \mathrm{pm}$ mass is an evening of food and fun.
Super Bowl Bake Sale
February 11th Children's Liturgy of the Word
February 10-18 Novena of Our Lady of Lourdes
February 14th Ash Wednesday
Lent Begins


After the $5: 30 \mathrm{pm}$ Mass on Saturday February 10th, you are invited to a special celebration of marriage featuring :

- Catered buffet dinner in Larkin Hall
- DJ, music and dancing
- Games and great company
*Please Register on the parish website under Parish Events or call the parish office

Important Note: Due to limited space, all registrations must be received no later than February 6th.

Cost : \$40 per couple payable at the door or at the Parish Office.

Reservations required.*
Space limited to 30 couples.

Upon registering , please email 1 wedding photo and the name of your wedding song to Cecilia Streit—cstreit@gmail.com so they can be included in the festivities.


## The Presentation of the Lord - Feb. 2

The Presentation, which is celebrated 40 days after Christmas, is not mentioned in the other Gospels. Only Luke tells the story, most likely because he writes for Gentile Christians who are not familiar with the Jewish rite of presentation and purification. In addition, the intent of Luke's Gospel is to show that God's promise to Israel, fulfilled in Jesus, extends to Gentiles. Source: loyolapress.com When Christ was presented in the temple, "there was a man in Jerusalem named Simeon, and this man was just and devout, waiting for the consolation of Israel" (Luke 2:25) When the Blessed Mother and Saint Joseph brought Christ to the temple, Simeon embraced the Child and prayed the Canticle of Simeon:
Now thou dost dismiss thy servant, O Lord, according to thy word in peace; because my eyes have seen thy salvation, which thou hast prepared before the face of all peoples: a light to the revelation of the Gentiles, and the glory of thy people Israel (Luke 2:29-32).
At the end of the fourth century, a woman named Etheria made a pilgrimage to Jerusalem. Her journal, discovered in 1887, gives an unprecedented glimpse of liturgical life there. Among the celebrations she describes is the Epiphany, the observance of Christ's birth, and the gala procession in honor of his Presentation in the Temple 40 days later. Under the Mosaic Law, a woman was ritually "unclean" for 40 days after childbirth, when she was to present herself to the priests and offer sacrifice—her "purification." Contact with anyone who had brushed against mystery—birth or death— excluded a person from Jewish worship. This feast emphasizes Jesus' first appearance in the Temple more than Mary's purification.
The observance spread throughout the Western Church in the fifth and sixth centuries. Because the Church in the West celebrated Jesus' birth on December 25, the Presentation was moved to February 2, 40 days after Christmas.
Source: franciscanmeria.org
Inspired by the words of the Canticle of Simeon ("a light to the revelation of the Gentiles"), by the 11th century, the custom had developed in the West of blessing candles on the Feast of the Presentation. The candles were then lit, and a procession took place through the darkened church while the Canticle of Simeon was sung. Because of this, the feast also became known as Candlemas. While the procession and blessing of the candles is not often performed in the United States today, Candlemas is still an important feast in many European countries.


## Blessed palms from the prior year may be returned to the rear of the Church by Feb 7th. They will

 be burned and used on Ash Wednesday.

## Blessing of the Throats at St. Cassian

Individual Blessing of the Throats will be held Saturday February 3rd at 8:15 Mass. A general blessing will be given to the congregation at each Mass on the weekend of February 3rd and 4th. Individual blessing will be given to the parishioners who chose to participate at the end of each Mass.

## Home Visits

If you are unable to come to church or if you know a relative or friend who finds it difficult to come to church, let us know. We have many dedicated and caring Eucharistic Ministers who would be happy to bring Communion to you or to your loved ones who are homebound. Fr. Steve would be more than happy to make a visit to someone's home if they wish to go to confession, receive communion or receive the anointing of the sick. Call the Parish Office if you would like someone to visit you at home. Did You Know?


## St. John Bosco—Jan. 31

Born in Castlenuovo d'Asti on August 16, 1815, John was educated in the faith and in living according to the Gospel message by his mother. On becoming a priest (1841), he chose as his life's programme: "Da mihi animas cetera tolle" ("Give me souls, take all the rest" Gen. 14: 21). He began his apostolate among poor young people with the founding of the Oratory, which he placed under the patronage of St. Francis de Sales.
He led young people to meet Christ by means of his educational style and pastoral practice, based on reason, religion and loving kindness (the Preventive System). He led young people to reflect, to meet Christ and their brothers and sisters, to the study of the faith and to apostolic, civil and professional commitment. St. Dominic Savio stands out among the most outstanding fruits of his work.
He sought his best collaborators among his young people, thus establishing the Society of St. Francis de Sales (Salesians). Together with St. Maria Domenica Mazzarello, he founded the Institute of the Daughters of Mary Help of Christians (Salesian Sisters).
Finally, together with good and hard-working lay men and women, he created the Salesian Cooperators to work alongside him and sustain the education of young people, thus anticipating new forms of apostolate in the Church. In the centenary of his death, which took place on January 31, 1888, Pope John Paul II proclaimed him The Father and Teacher of Youth.
We have a relic of Don Bosco in the altar. Ask Father Steve to show it to you?


## St. Blaise—Feb. 3 Patron Saint of Relief from Throat Ailments, English Wool Combers

 We know more about the devotion to Saint Blaise by Christians around the world than we know about the saint himself. His feast is observed as a holy day in some Eastern Churches. In 1222, the Council of Oxford prohibited servile labor in England on Blaise's feast day. The Germans and Slavs hold him in special honor, and for decades many United States Catholics have sought the annual Saint Blaise blessing for their throats.We know that Bishop Blaise was martyred in his episcopal city of Sebastea, Armenia, in 316. The legendary Acts of St. Blaise were written 400 years later. According to them Blaise was a good bishop, working hard to encourage the spiritual and physical health of his people. Although the Edict of Toleration (311), granting freedom of worship in the Roman Empire, was already five years old, persecution still raged in Armenia. Blaise was apparently forced to flee to the back country. There he lived as a hermit in solitude and prayer, but he made friends with the wild animals. One day a group of hunters seeking wild animals for the amphitheater stumbled upon Blaise's cave. They were first surprised and then frightened. The bishop was kneeling in prayer surrounded by patiently waiting wolves, lions and bears.
The legend has it that as the hunters hauled Blaise off to prison, a mother came with her young son who had a fish bone lodged in his throat. At Blaise's command the child was able to cough up the bone. Agricolaus, governor of


## Saint Ansgar-Feb. 3

The "apostle of the north" (Scandinavia) became a Benedictine at Corbie, France, where he had been educated. Three years later, when the king of Denmark became a convert, Ansgar went to that country for three years of missionary work, without noticeable success. Sweden asked for Christian missionaries, and he went there, suffering capture by pirates and other hardships on the way. Fewer than two years later, he was recalled, to become abbot of New Corbie (Corvey) and bishop of Hamburg. The pope made him legate for the Scandinavian missions. Ansgar's biographers remark that he was an extraordinary preacher, a humble and ascetical priest. He was devoted to the poor and the sick, imitating the Lord in washing their feet and waiting on them at table. He died peacefully at Bremen, Germany, without achieving his wish to be a martyr.
Sweden became pagan again after his death, and remained so until the coming of missionaries two centuries later. St. Ansgar shares the celebration of his liturgical feast with St. Blase on February 3.


## St. Cassian School

National Blue Ribbon Exemplary High Performing School Accredited by the Middle States Association of Colleges and Schools

## Winter Family Fun Day Was Lots Fun!



Our Winter Family Day for grades first through third was a great success! After creating original winter-themed original art with mixed media, the families sang songs and enjoyed each other's company. We are so grateful that so many families were able to come together for a fun morning. Special thanks to Mrs. Rafferty, our arts facilitator, for leading the effort, as well as to Miss Stairiker, Miss Chakamian and Miss Caravello for helping to organize a beautiful artsfocused event!


We invite parishioners to join us for an Open House on January $28^{\text {th }}$ after the 9:30 and the 11:30 AM Masses to Learn About our family-oriented, Blue Ribbon School.

 Presentation of Jesus in the Temple. That is the day that Saint Joseph and Our Lady took the baby Jesus to the Temple in Jerusalem to consecrate Him to God. The Jews were supposed to dedicate their first-born sons to God, so Mary and Joseph were obedient to the law even though their Baby was God Himself!

This was a most amazing moment, even though almost nobody noticed it: here was the great Temple where the people came to worship God, and now God had actually come into it- as a little Baby! But only Mary and Joseph and the prophets Simeon and Anna knew what had happened.

Saint Paul tells us that our bodies are temples of the Holy Spirit. Every time you receive Holy Communion, it's like baby Jesus entering the Temple. When you go to Communion, remember that you know that amazing secret- that even though the rest of the world might not know, you have just received Jesus! What a special moment!

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## Unscramble: Jesus Casts out a Demon

Sort out the letters to fill in the blanks.<br>Use the letters in the boxes to fill in the last row of boxes.

And immediately there was in their synagogue a _ $\square$ _ (NMA) with an unclean spirit; and he cried out, "What have you to do with us,
$\ldots \ldots \quad$ _ (ESSJU) of Nazareth? Have you come to $\qquad$ (YDSETRO) us? I know who you are, the $\qquad$ (OYLH) One of God."

But Jesus rebuked him, saying, "Be silent, and
$\square$ (MEOC) out of him!"
And the unclean $\qquad$ (TRSIPI), convulsing him and crying with a loud
_ _ $\square$ $\square$ (IOCEV), came out of him.

And $\square$ $\qquad$ (YEHT) were all amazed, so that they questioned among themselves,
 (YSNIAG), "What is this? A new teaching! With $\square \square \square \square \square \square \square \square \square$ he commands even the unclean spirits, and they obey him."

## 4th Sunday in Ordinary Time January 28th, 2024



Colour in only the spaces that have crosses to find out what it did.

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 FEBRUARI 1

BRIGID DEDICATED HER LIFE TO GOD AND RECEIVED THE VEIL FROM SAINT MEL.



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